“everything you ever wanted to know about studying Psychology but were afraid to ask”

Held on September 1st 2011
11:30 AM to 1.30 PM, 67.107

Special thanks to Stewart Vella and Zoe Jarvis for presenting on research and clinical student perspectives.
The lineup

- Chris Magee: undergraduate degree options
- Amy Chan: 4th year options
- Simone Favelle: Career planning during undergraduate studies
- Stuart Johnstone: 3rd Year research Development Scheme
- Stephen Palmisano: Postgraduate research degrees
- Stewart Vella: HDR student perspective
- Frank Deane: Clinical Psychology Programs and registration
- Zoe Jarvis: Clinical student perspective
Dr. Chris Magee

undergraduate degree options
Undergraduate Degree Options

- Major in Psychology in the BA or Bsc

<table>
<thead>
<tr>
<th>Year</th>
<th>Credit Points</th>
<th>Subject Code</th>
<th>Subject Name</th>
</tr>
</thead>
<tbody>
<tr>
<td>1&lt;sup&gt;st&lt;/sup&gt;</td>
<td>18</td>
<td>PSYC121, PSYC122, PSYC123</td>
<td>Foundations A, Foundations B, Research Methods and Statistics</td>
</tr>
<tr>
<td>2&lt;sup&gt;nd&lt;/sup&gt;</td>
<td>30</td>
<td>PSYC231, PSYC234, PSYC236, PSYC241, PSYC250</td>
<td>Personality, Biological Psyc &amp; Learning, Cognition &amp; Perception, Developmental &amp; Social, Quantitative Methods</td>
</tr>
<tr>
<td>3&lt;sup&gt;rd&lt;/sup&gt;</td>
<td>24</td>
<td>PSYC347, 1 experimental subject (PSYC345, PSYC349, PSYC352), 1 other 3&lt;sup&gt;rd&lt;/sup&gt; year PSYC subject</td>
<td>Assessment &amp; Intervention, Advanced Cognition, Visual Perception, Psychophysiology</td>
</tr>
</tbody>
</table>
BA vs BSc

- Requirements for the Psychology major are the same

- Three years = 144 credit points

<table>
<thead>
<tr>
<th></th>
<th>BA</th>
<th>BSc</th>
<th>BPsyc</th>
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</thead>
<tbody>
<tr>
<td></td>
<td>At least 90 credit points from HBS or Arts Faculties</td>
<td>At least 90 credit points from HBS or Science Faculty</td>
<td>Specified 1st, 2nd and 3rd year psychology subjects = 102 credit points,</td>
</tr>
<tr>
<td></td>
<td>Remaining subjects made up from the General Schedule</td>
<td>Remaining subjects made up from the General Schedule</td>
<td>Remaining 42 credit points from HBS, Science, or General Schedule</td>
</tr>
</tbody>
</table>
Getting into Honours

- Competitive entry

- Requirements as per Psychology major *PLUS*
  
  - PSYC248 or PSYC249 (36 credit points)
  
  - PSYC348 and PSYC354 + another 3rd year PSYC elective (48 credit points)
Getting into Honours

• BA or BSc students can apply for entry (as long as requirements have been met)

• BPsyc Honours equivalent to BA Honours/BSc Honours

• Psyc degrees have different names at different Universities
Transferring to BPsysc

- Complete the form available on the School of Psychology website (October – check website)

- Enter your marks for psychology subjects so far, & submit form.

- Can be completed at the end of 2\textsuperscript{nd} and 3\textsuperscript{rd} year.
Myth #1

- Unless I get a four-year qualification in psychology, my psych degree is useless.

  - career options for different qualifications (Simone Favelle)
Myth #2

Once I get my four-year qualification in psychology, I become a registered psychologist.

Post- 4th year training in psychology (Frank Deane)
Why Study for a 4\textsuperscript{th} Year?

- B Psych students: Part of a 4\textsuperscript{th} year sequence
- BA and BSc students: an APAC-accredited 4\textsuperscript{th} year of psychology studies

\rightarrow qualify for \textit{conditional registration} with the Psychology Board of Australia

\rightarrow eligible to \textit{apply} for further postgraduate studies in psychology
INFORMATION ABOUT 4TH YEAR

- Go to Psychology Web page, then to
  - Information for students
  - Psychology 4th Year (Hons & PG Dip)

- See brochures on Hons, PgDip, MSc &
- See “related links” box
- **Your Guide to the 4th Year in Psychology 2011** (This has everything you need to know about Hons, PGDip etc)
  &
- **Information For 4th Year Applicants** (As due date approaches)
POSTGRADUATE DIPLOMA IN PSYCHOLOGY

BA students
BSc Students
MUST HAVE

- Graduated before course start
- At least 60 Cr pts of $\psi$
  - including usual subjects compulsory for a $\psi$ major.
• **Best 8 subjects** of \( \Psi \) at 200 & 300 level to calculate an average

• The entry threshold in 2011 was good credit.

• We accept about 40 (including those already in the program) of the best (equivalent full time) applicants.

• Details in calendar & brochure
APPLYING

• Use *internal 4th year psychology application* form
  • see information in “Apply for 4th Year” link on website
• hand in to School of Psychology Admin
• Apply by end of October
• LET US KNOW ON THE FORM OF ANYTHING ‘UNUSUAL’
  • overseas subjects, unspecified credits for other unis etc, summer school subjects, supplementaries to come…
THE PROGRAMME

- All of:

1. Research Project GHMC979 (18 Cr Pts)
   - (tied to the Wednesday 4th year meeting that Hons & PGD attend)
   - Group research project
2. Social $\psi$ and Health GHMC984 (6 Cr Pts)
3. Contemporary Issues for Professional and Research $\psi$ GHMC988 (6)
4. Principles and Practices of $\psi$ Assessment GHMC985 (6)
5. Advanced Abnormal $\psi$ GHMC989 (6)
6. Child and Adolescent $\psi$ GHMC978 (6)
PART TIME (2 YEARS)

1. YEAR 1, Usually do 4 SUBJECTS EG
   1. Social ψ and Health GHMC984 (6 Cr Pts)
   2. Contemporary Issues for Professional and Research ψ GHMC988 (6)
   3. Principles and Practices of ψ Assessment GHMC985 (6)
   4. Advanced Abnormal ψ GHMC989 (6)

2. Year 2 subject & research
   1. Child and Adolescent ψ GHMC978 (6)
   2. Research Project GHMC979 (18 Cr Pts)
BPsych & 4\textsuperscript{th} YEAR

- BPsych fourth year - 2 possibilities:
- “Psychology iv Honours” OR “Psychology iv”
- After applying..
- If BPsych applicant is over the honours threshold
  - into Psychology iv Honours
  - (or you can opt to go into Psychology iv)
- If under
  - into Psychology iv
THE DIFFERENCE

- Psychology iv Honours = BSc/BA Honours
- Psychology iv = PGDip course work
- Except that BPsych iv is an undergraduate degree & you enrol in PSYC coded subjects
  - Eg PSYC479 not GHMC979 etc
ENTRY TO HONOURS

For
BA students
BSc Students
BPsych students
MUST HAVE

- Eligibility to graduate
- If your degree started in 2003 or later then you need **76 2\(^{nd}\) & 3\(^{rd}\) year credit points**
- If before 2003, 70 2\(^{nd}\) & 3\(^{rd}\) year credit points
- All usual subjects compulsory for a y major
  - Plus PSYC354 & PSYC348
- Details in calendar, brochure & 4\(^{TH}\) Year Guide
WE COUNT

- We count the **best 11 subjects of $\Psi$ at 200 & 300 level** (including PSYC354 & PSYC348) to calculate an average
- About 20 Equivalent full time places available (plus returning students)
- Threshold mark (2011): Distinction
VARIATIONS

- Double majors:
  - we use best 10 subjects at 2\textsuperscript{nd} & 3\textsuperscript{rd} year
  - Let us know on the forms

- Mid year start (July 2012)
  - Apply October 2011 even if not finished
  - Let us know your intention on the forms
  - Must do honours part time (3 or 4 semesters)
APPLYING TO HONOURS

- Everyone uses *internal 4th year psychology application form*
- Submit to School of Psychology Admin
- Apply by end of October

LET US KNOW ON THE FORM OF ANYTHING ‘UNUSUAL’

- Eg; double major, overseas subjects, unspecified credits for other unis etc, Summer School subjects, supps to come...
- AND TELL US your preferences (course and study options)
Keeping your options open

- Apply for both honours and PG Dip

The Honours Programme comprises:

1. **PSYC410 Honours Empirical Thesis** (includes attendance at research groups & 4<sup>th</sup> Year meeting).
2. **PSYC412 Honours Data Analysis**.
3. **PSYC485 Principles and Practices of ψ Assessment** & some attendance at PSYC488 Contemporary Issues for Professional and Research Psychologists

Plus

Either

4. **PSYC413 Honours Theory**
   And one of the optional subjects:
5. **PSYC484 Social ψ & Health**
6. **PSYC489 Advanced Abnormal ψ**
7. **PSYC478 Child & Adolescent ψ**

Or

8. **PSYC414 Honours Theoretical Thesis** (includes participation in PSYC413 theory seminars)
WHERE DO THEY LEAD?

- Honours is path for Postgraduate **Research** degrees. Research Masters, PhDs
- Honours & PG.Dip are paths to further **postgraduate coursework** study in $\Psi$,
  - APAC accredited courses Eg clinical masters (UoW), neuro $\Psi$, industrial and organisational (other unis).
- Good marks are required
APS & Psychologist Registration

- BOTH Honours & PG.Dip at Wollongong partially qualify (further supervision required) for
  - Membership of the Australian ψ Society, and for
  - Registration as a ψ with the Psychology Board of Australia.
THESE ARE INDIVIDUAL SUBJECT COORDINATOR MATTERS:

- Tutorial enrolments
- Subject content, format etc
## Key Dates for Applicants for 2012 Entry

<table>
<thead>
<tr>
<th>Date</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>31 October 2011</td>
<td>Deadline for applications</td>
</tr>
<tr>
<td>4 November 2011</td>
<td>Honours projects list available from 4(^{th}) year webpage</td>
</tr>
<tr>
<td>First 2 weeks of December 2011</td>
<td>All applicants notified of outcome via email</td>
</tr>
<tr>
<td>9 December 2011</td>
<td>Due date for successful honours applicants to submit on-line nomination of thesis project preferences</td>
</tr>
<tr>
<td>Week commencing 12 December 2011</td>
<td>Meeting of 2012 Honours intake and staff</td>
</tr>
<tr>
<td>16 December 2011</td>
<td>(i) PG Dip Major Research Project topics list available from 4(^{th}) year webpage; (ii) Honours project allocations finalised</td>
</tr>
<tr>
<td>31 December 2011</td>
<td>Due date for successful PG Dip applicants to submit on-line nomination of major research project preferences</td>
</tr>
</tbody>
</table>

See further details in the document “Applying for 4\(^{th}\) Year in Psychology 2012”
A few final words

- Extra-curricular activities and work experience are not considered when determining course entry.

- 4th year as a “full-time job”

- Considering a gap year before 4th year?
Career planning during undergraduate studies
Degree → career

- I know exactly what I want to do after I graduate and the subjects I need to take to get there.

- I know I want to be a psychologist and am absolutely prepared for all the study but I’m not sure what field I want to specialise in.

- I know I want a degree in psychology but I don’t think I want a career in psychology per se.
Registered Psychologist

- Wait to listen to Frank Deane about how to get there
- Think about what area you want to work in when you do
  - Subject choices
  - Volunteer work

- Most psychologists don’t work with people who are mentally ill
<table>
<thead>
<tr>
<th>Types of psychologists</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Counselling psychologists</strong> help</td>
<td>Clinical psychologists diagnose, treat and prevent a wide range</td>
</tr>
<tr>
<td>individuals and groups with personal</td>
<td>of mental and physical health issues. <a href="http://www.psychology.org.au/study/careers/">Read more</a></td>
</tr>
<tr>
<td>wellbeing, relationships, work,</td>
<td></td>
</tr>
<tr>
<td>recreation, health and crisis management.</td>
<td></td>
</tr>
<tr>
<td><a href="http://www.psychology.org.au/study/careers/">Read more</a></td>
<td></td>
</tr>
<tr>
<td><strong>Clinical neuropsychologists</strong> assess and</td>
<td>Community psychologists help people achieve their goals in</td>
</tr>
<tr>
<td>manage individuals with brain impairments.</td>
<td>areas such as welfare and community projects. [Read more]</td>
</tr>
<tr>
<td><a href="http://www.psychology.org.au/study/careers/">Read more</a></td>
<td></td>
</tr>
<tr>
<td>**Educational and developmental</td>
<td>Forensic psychologists work with police, the law and legal</td>
</tr>
<tr>
<td>psychologists** provide children and</td>
<td>processes, and in correctional services. [Read more]</td>
</tr>
<tr>
<td>adults with assessment, intervention</td>
<td></td>
</tr>
<tr>
<td>and counselling services for learning and</td>
<td></td>
</tr>
<tr>
<td>developmental issues across the life span.</td>
<td></td>
</tr>
<tr>
<td><a href="http://www.psychology.org.au/study/careers/">Read more</a></td>
<td></td>
</tr>
<tr>
<td><strong>Health psychologists</strong> promote the</td>
<td>Organisational psychologists specialise in the areas of work,</td>
</tr>
<tr>
<td>prevention and treatment of illness and</td>
<td>human resource management, training and development, and market</td>
</tr>
<tr>
<td>may work within the health care system.</td>
<td>research and advertising. [Read more]</td>
</tr>
<tr>
<td><a href="http://www.psychology.org.au/study/careers/">Read more</a></td>
<td></td>
</tr>
<tr>
<td><strong>Academic psychologists</strong> conduct</td>
<td>Sport psychologists help people involved in sport and exercise</td>
</tr>
<tr>
<td>research and teach in universities.</td>
<td>maximise their performance, enjoyment and participation. [Read</td>
</tr>
<tr>
<td></td>
<td>more](<a href="http://www.psychology.org.au/study/careers/">http://www.psychology.org.au/study/careers/</a>)</td>
</tr>
</tbody>
</table>
Where can an undergraduate PSYC degree take me?

- Career options for a 3 or 4 yr PSYC degree?
  - Quite a few actually

- Useful websites for job info (not job ads) about tasks performed, requirements, contacts, etc
What good is an undergraduate PSYC degree?

- Some key skills psyc grads offer employers include
  - Report Writing
  - Statistical analysis
  - Critical evaluation
  - Understanding of various perspectives
  - Higher order analysis

- Some extra-curricular activities to boost the CV include
  - volunteer work (e.g., research, 3\textsuperscript{rd} yr scheme)
  - membership of professional association
Some career options

- Advertising
- Broadcasting
- Careers counsellor
- Child Welfare Case Worker
- Community Corrections Officer
- Community Development Officer
- Community Relations Officer
- Community Worker
- Developmental Care Worker
- EEO Representative
- Health Promotion Officer
- Human Resources Officer
- Industrial Relations Officer
- Insurance
- Intelligence analysis
- Journalist

- Libraries and archives
- Management Consultant or Analyst
- Market Research Analyst or Interviewer
- Marketing Officer
- Medical ethics and administration
- Occupational Health and Safety Officer
- Public Health Administrator or Investigator
- Public Relations/Affairs Officer
- Recruitment Officer
- Social Researcher
- Social and Human Service Assistant
- Training and Development Officer
- Welfare Worker
- Youth Worker
**E.g., advertising**

<table>
<thead>
<tr>
<th>Advertising</th>
<th>Advertising agencies</th>
<th>Skills needed</th>
</tr>
</thead>
<tbody>
<tr>
<td>Creative</td>
<td></td>
<td>Written and oral communication skills, creative and artistic skills, conceptual skills, excellent ability with technologies</td>
</tr>
<tr>
<td>Media</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Account services</td>
<td></td>
<td></td>
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<tr>
<td>Research</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Advertising consultant</td>
<td></td>
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<tr>
<td></td>
<td>Account sales representative</td>
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<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Large companies with in-house advertising agencies or departments</td>
<td></td>
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</tbody>
</table>

**Developing experience**
- Obtain relevant experience with campus newspapers, community television and radio stations
- Work with student-run businesses or associations
- Find an internship, even if unpaid, with a market research or advertising firm.
- Develop a portfolio for creative positions and learn graphic design skills
- Network and become involved with the professional association in this sector. Public Relations Institute of Australia [www.pria.org.au](http://www.pria.org.au)

**Further studies**
Recommended areas of studies are Advertising, Creative Arts, Communications and Business (for account services and sales positions)
Graduate careers & programs

- Graduate Careers Australia

- Department of Defence - Graduate Development Program
  - recruits university graduates with a range of academic qualifications from three year degrees to PhDs.

- Department of Human Services
  - includes Centrelink, Child Support and Medicare as well as CRS Australia and Australian Hearing
  - Careers & National Graduate Program info
A/Prof. Stuart Johnstone

3rd Year research Development Scheme
3rd year Research Development Scheme

- Open to 3rd year students who intend to apply for honours in 2012

- Improve your research skills
- Work closely with a researcher on a research topic
- Work on each step of the research process

- Volunteer scheme - no credit, no pay (shows initiative/drive)
- Time? From 1 to 2 hours per week on average
Outcomes?

- Gain valuable research experience, possibly get your name on a conference presentation and/or Journal article

Who is eligible to apply?

- Those who intend to apply for entry to Honours in Psychology in 2012
- Those with a Credit average to date in Psychology subjects
Testimonials

“Participation in the 3rd Year Research Development Scheme this year has been an invaluable learning experience. Working on this project has given me first hand experience of how research is undertaken, as well as developing my own research skills. I also have the opportunity of presenting this project at an upcoming conference”

“Participation in the Research Scheme was a fantastic opportunity which provided me not only with the chance to develop my research skills, but allowed me to gain a greater understanding of my options and where I want to head with my degree”

“The research development scheme enabled me to experience aspects of both data collection and processing within the context of an ongoing postgraduate thesis, as well as analysis on previously collected data”
How to apply

- Details listed on the PSYC website in October 2011
- Full details of the application process are listed with the projects.
A/Prof. Stephen Palmisano
(for A/Prof. Peter Caputi)

Postgraduate research degrees
Research Opportunities:
Life After Honours
The life of a PhD Student

- A PhD takes roughly 3-4 years full-time.

- A research masters generally takes 2 years full-time.
PhD study can give you:

- The opportunity to do cutting edge research
- The opportunity to develop your research skills and writing
- The opportunity to make a significant and/or important contribution to your field of interest.
- Greater access to expertise (local and international)
- The opportunity to work in another country/city/....
Are there any advantages to doing a PhD in Australia?

- No coursework (in the USA and Canada there is additional coursework that you have to do)
- PhDs tend to be completed faster in Aus
Will I get a Scholarship?

- If you want to get a scholarship to make life easier you will need to get first class honours (e.g. marks for degree average to 85 or above).

- However, this does not guarantee that you will get one.

- Scholarship allocations are determined by a competitive process.

- It depends on who applies that year and what your ranking is (not only in psychology, but also in HBS).
Applying for HDR Scholarships at UoW

- **Deadlines for UoW**
  1. 17\(^{th}\) of October (commencing Autumn Session)
  2. 12\(^{th}\) of March (commencing Spring Session)


- **Fill out both:**
  1. Scholarship Application Form - get this in on time or you will have to wait for a whole year.
  2. Referees Report Form - make sure that your referees are going to say nice things about you.

- You also need to find two academic referees
Applying for HDR Scholarships at UoW

http://www.uow.edu.au/research/rsc/student/scholarships/UOW009038.html
Australian Postgraduate Award (APA)

- Honours 1 or equivalent results are essential for receipt of an APA (ie 85 or above).
- An APA may be held for three years for Doctoral candidates and two years for Masters Research studies, subject to satisfactory progress.
- Doctoral candidates may apply for a 6 month extension for research related reasons.
- The stipend for APAs in 2011 is $20,472 per annum - non taxable. There is also a provisions for relocation and thesis allowance. Stipends and allowances are indexed annually.
- Aussies, New Zealanders or permanent residents only!
- Full-time enrolment ...
University Postgraduate Award (UPA)

- UPAs are available to graduates of both Australian and overseas universities.

- Applicants should hold, or expect to obtain, first class Honours or equivalent results (ie 85 or above).

- A UPA may be held for three years for Doctoral candidates. Doctoral candidates may apply for a 6 month extension for research related reasons.

- The stipend for UPAs in 2011 is $20,472 per annum - non taxable, a thesis allowance ...

- The closing date for applications is 17th of October.

Australian Postgraduate Award Industry (APAI)

- APAI awards are available for research higher degree students whose supervisor(s) receive ARC grants in order to do collaborative research with industry (e.g. BHP).

- Students are selected by the researcher who received the grant. Only Australian citizens and permanent residents are eligible to apply.

- The stipend for APAIs in 2011 is $26,140 per annum - non taxable, thesis allowance, etc.

- Closing date depends on grant

ARC or NHMRC SCHOLARSHIPS

- ARC or NHMRC awards are available for research higher degree students whose supervisor(s) receive ARC grants in order to do pure or medically applied research.

- Students are selected by the researcher who received the grant.

- The stipend for ARCs or NHMRCs in 2011 is $26,140 per annum - non taxable.
What can I do Post-PhD?
What can I do Post-PhD?

Option 1

- Become a Post-Doctoral Researcher
  - salaries range ~$90,000 + benefits
  - Relatively easy to get a Post-Doc
  - Can work in any country (Europe, USA, Canada, Asia,....)
What can I do Post-PhD?

Option 2

Become an Applied Researcher

- Industry
  - Nissan Sponsored road research
  - BHP
  - ...

- Government
  - Defence forces (e.g. ADF, DSTO)
  - CSIRO
  - NRMA
What can I do Post-PhD?

Option 3

- Become a Research Academic
  - salaries range up to ~$150,000 + benefits
  - Quite hard to get an academic position
  - Can get tenured (very hard to fire)
  - Pretty much your own boss
  - Can work in any country (Europe, USA, Canada, Asia,...)
Toys I have got to play with during my PhD and later research
Clinical Psychology Programs and registration
Options overview

- 4+2 Path 2 years post 4\textsuperscript{th} year
- 5+1 Path 2 years post 4\textsuperscript{th} year
- Professional Masters 2 years post 4\textsuperscript{th} year
- Professional Doctorate or DPsyc (3.5 years post 4\textsuperscript{th} year)
- PhD in Clinical Psychology (combines professional Masters) 4 years post 4\textsuperscript{th} year
Registration as a psychologist

- Two Options 4+2 or 5+1 internship programs
- Core capabilities and attributes
  - Knowledge of discipline
  - Ethical, legal and professional matters
  - Psychological assessment and measurement
  - Intervention strategies
  - Research and evaluation
  - Communication and interpersonal relationships
  - Working within a cross-cultural context; and
  - Practice across the lifespan
4 + 2 internship program

- 2 year internship
- 35 hr week, totalling minimum of 3080 hours
- Min 17.5 hours per week
- Max 8-week annual leave per ear
- One-on-one supervision by Board approved supervisor
  - 1 hour per 17.5 hours of supervised practice
  - 2/3rds individual rest could be group
- Min 60 hours professional development per full-time year
- Must consist of 40% client contact (min 1232 hrs) and 60% client related activities (min 1848 hrs)
- Must be completed within 5 years
- All work roles/placement must be approved by Board prior to commencement
- 6 month progress reports (supervisor and you)
• Provisional psychologists can not operate as an independent private practitioner (i.e., sole trader or contractor)

5+1 Internship program

- Year 5 program offered at UoW in 2012
- Graduate Diploma of Professional Psychology plus one-year (or equivalent part time) of Board approved supervised practice placement (internship)
- Internship year
  - Based on 35 hour week, 7 hr day, min 1540 hours
  - Min 17.5 hours per week
  - Max 8 week annual and personal leave per year
  - 1-on-1 supervision with Board-approved supervisor
  - 60 hours professional development
## Graduate Diploma in Professional Psychology

<table>
<thead>
<tr>
<th>Session</th>
<th>Credit pts</th>
<th>Unit Name</th>
</tr>
</thead>
<tbody>
<tr>
<td>1st</td>
<td>8</td>
<td>Advanced ethics and workplace professional practices A &amp; B.</td>
</tr>
<tr>
<td></td>
<td>8</td>
<td>Theory of applied psychological practice</td>
</tr>
<tr>
<td></td>
<td>16</td>
<td>Applied psychological interventions A</td>
</tr>
<tr>
<td></td>
<td>8</td>
<td>Applied psychological assessment A</td>
</tr>
<tr>
<td>2nd</td>
<td>16</td>
<td>Applied psychological interventions B</td>
</tr>
<tr>
<td></td>
<td>16</td>
<td>Applied psychological assessment B</td>
</tr>
<tr>
<td></td>
<td></td>
<td>External field placements</td>
</tr>
</tbody>
</table>
Clinical Psychology programs

- Apply after completing 4th year program
- Either Hons or Graduate Diploma in Psychology
- Competitive Grades Distinction average (around 75% upwards)
- Personal statement – Why do you want to become a Clinical Psychologist
- Referees reports
- Any other notable experience or considerations
  - E.g., prior volunteer work, a second language, publication of Hons or Grad Dip research
Clinical Psychology programs

- Approximately 100-150 applications
- Approximately 40-45 shortlisted for interview
- Approximately 20-25 made offers
- Intake of 20 in 2012 anticipated

- Masters 2 years
- DPsych 3.5 years
- PhD Clinical 4 years
Clinical Masters (Year 1)

Session 1

- **GHMC951** Child and Adult Assessment and Psychopathology, 8cpts
- **GHMC952** Principles of Psychotherapy, 8cpts
- **PSYP901** Research Project A Part 1, 8cpts

Session 2

- **GHMC953** Neuropsychology & Neuropsychiatric Disorders, 8cpts
- **GHMC954** Cognitive Behavioural Therapies, 8cpts
- **PSYP902** Research Project A Part 2, 8cpts
Clinical Masters (Year 2)

**Session 1**
- GHMC955
- Health and Wellbeing, 8cpts
- PSYP903
- Research Project B Part 1, 16cpts

**Session 2**
- GHMC956
- Special Groups and Methods, 8cpts
- PSYP904
- Research Project B Part 2, 16cpts
Where do you end up working?

- Approx 29,000 registered psychologists in Australia
- Main jobs were distributed relatively evenly across the public (48%) and private (52%) sectors.
- However a second job was more likely to be in the private sector (72.8%).
- National Psychology Workforce Survey (2008)
  - Council of Psychologists Registration Boards, NSW Psychologists Registration Board and the APS
Figure 2. Percentage of survey participants in different work settings as part of a main job.
<table>
<thead>
<tr>
<th>Psychological role in main job</th>
<th>%</th>
</tr>
</thead>
<tbody>
<tr>
<td>Counselling</td>
<td>23.0</td>
</tr>
<tr>
<td>Mental health intervention</td>
<td>19.8</td>
</tr>
<tr>
<td>Psychology management/administration</td>
<td>7.6</td>
</tr>
<tr>
<td>Behavioural assessment</td>
<td>5.8</td>
</tr>
<tr>
<td>Teaching/supervision</td>
<td>5.5</td>
</tr>
<tr>
<td>Research and projects</td>
<td>5.3</td>
</tr>
<tr>
<td>Consulting/advising for work purposes</td>
<td>4.8</td>
</tr>
<tr>
<td>Neuropsych/cognitive assessment</td>
<td>4.7</td>
</tr>
<tr>
<td>Organisational practices</td>
<td>3.5</td>
</tr>
<tr>
<td>Drug/alcohol/addictions</td>
<td>3.0</td>
</tr>
<tr>
<td>Personal development/coaching</td>
<td>3.0</td>
</tr>
<tr>
<td>Mental health promotion</td>
<td>2.2</td>
</tr>
<tr>
<td>Physical health/rehabilitation</td>
<td>2.2</td>
</tr>
<tr>
<td>Medico-legal assessment</td>
<td>2.1</td>
</tr>
<tr>
<td>Training for work purposes</td>
<td>1.8</td>
</tr>
<tr>
<td>Recruitment</td>
<td>1.2</td>
</tr>
</tbody>
</table>
Figure 4. Percentage of participants working with different client groups as part of a main job
Income

• Information from participants working at least 35 hours per week (n = 4,358)

• The majority of participants were earning between $60,000 and $100,000 per annum

• 16.5 per cent of psychologists reporting that they earn over $100,000.
NSW Health Award (1/7/10)

Psychologist
- Year 1
  - $54,606 (“in training”)
- Year 3 (registered)
  - $60,509
- Year 5
  - $67,889
- Year 9
  - $81,169

Clinical Psychologist
- Year 1
  - $78,221
- Year 3
  - $87,075
- Year 5
  - $95,929
- Year 9
  - $95,929
<table>
<thead>
<tr>
<th>Psychologists (registered)</th>
<th>Clinical psychologists</th>
</tr>
</thead>
<tbody>
<tr>
<td>Focussed Psychological Strategies</td>
<td>Psychological Therapy Services</td>
</tr>
<tr>
<td>50 minute session</td>
<td>50 minutes session</td>
</tr>
<tr>
<td>Benefit $102.50</td>
<td>Benefit $119.80</td>
</tr>
<tr>
<td>Up to 12 sessions per year</td>
<td>Up to 12 sessions per year</td>
</tr>
</tbody>
</table>
Focussed psychological strategies

- Psychoeducation (including motivational interviewing)
- CBT
  - Behav. Mod., exposure therapy, activity scheduling, cognitive tx
- Relaxation strategies
- Skills training
  - Problem solving, anger management, social skills, communication, stress management, parenting
- Interpersonal psychotherapy (depression)