

For appointments with any of the below support staff, please email bega@uow.edu.au or call 6494 7035

 <p>Student Support Advisor Ruth McHugh</p> <p><u>What does Ruth help with?</u> - Access reasonable adjustments for short and long-term disabilities or chronic health conditions - Advice and assistance on who to see and what to do next!</p> <p>ruthmc@uow.edu.au</p>	 <p>Learning Development Deb Gough</p> <p><u>What does Deb help with?</u> -Planning your session, organising study -Understanding assessment tasks & what's required of you - Academic writing and getting the structure of your assessment right -Working to a marking criteria or marking rubric - Finding good sources and referencing</p> <p>gough@uow.edu.au</p>	 <p>Career Consultant Sam Morris</p> <p><u>When to see Sam:</u> - Gaining work experience related to your field of study or an area you are interested in working - Exploring your career options after graduating - Implementing self-reflection tools to gain clarity around your values, interests and strengths - Assistance with searching and applying for jobs (either while studying or after you graduate)</p> <p>smorris@uow.edu.au</p>	 <p>Wellbeing Advisor Melanie Sheehan</p> <p><u>When to see Mel:</u> -Feeling tired/anxious/stressed -Feeling overwhelmed/exhausted/unable to concentrate -Struggling with the workload and pressures of university -Troubles with loved ones/family/friends</p> <p>msheehan@uow.edu.au</p>
 <p>Maths Support Alison Sandwith</p> <p>Brush up on your basic mathematic skills or participate in weekly subject-focused mathematics support sessions.</p> <p>sandwith@uow.edu.au</p>	 <p>Indigenous Support Adam Gowen</p> <p>Adam offers support and guidance through the challenges of tertiary study and can recommend the relevant support services available at UOW.</p> <p>agowen@uow.edu.au</p>	 <p>Education Sue Duchesne</p> <p>Sue is the co-ordinator of the Master of teaching programs at Bega. Sue supports students to develop the skills, knowledge and values to drive personal growth and advance their professional skills as a teacher.</p> <p>sued@uow.edu.au</p>	 <p>Campus Admin Sam Avitaia & Millie Love</p> <p>Your first point of contact for all student support, enrolment, IT and administrative enquiries.</p> <p>Monday to Friday 8:30am- 4:00pm ask-bega@uow.edu.au 6494 7035</p>
 <p>Nursing Helen Pratt</p> <p>Helen is a lecturer and subject co-ordinator for the School of Nursing. Helen provides advice and support on many aspects of studying in the Bachelor or Nursing.</p> <p>hpratt@uow.edu.au</p>	 <p>Nursing Siobhan Wragg</p> <p>Siobhan is a lecturer and subject co-ordinator for the School of Nursing. Siobhan provides advice and support on many aspects of studying in the Bachelor or Nursing.</p> <p>swragg@uow.edu.au</p>	 <p>Nursing Emily Martin</p> <p>Emily is the Laboratory Technician here at UOW Bega and can help you with lab bookings and equipment hire.</p> <p>emartin@uow.edu.au</p>	 <p>Library Support Sugita Wahl</p> <p>UOW students can book on-campus consultations with our BVSC Librarian, Sugita. Sugita can provide support on how to find research articles, discovering new library tools and developing your research skills.</p> <p>sugita@uow.edu.au</p>