ARTS211 Social Science Perspectives on Health and Illness

Autumn Bega Flexible
Autumn Wollongong On Campus

Credit Points: 6
Contact Hours: Autumn 1hr video-conference fortnightly; 2hrs tutorial face to face, Autumn 1hr lecture, 2hr seminar
Exclusions: SOC111
Assessment: Small Group Poster Presentation and supporting documentation 25%, Research proposal (1500 words) 30%, Short essay (800 -1000 words) 20%, Skills Development Work Sheets 25%
Subject Description: Australian society provides the context for an examination of the major perspectives that inform the analysis of the social power relations that shape patterns of health and illness and the provision of health care services. Students will apply the theoretical frameworks to contemporary issues in health and illness including the introduction of new technologies, the practical meanings of care for different health professions and representations of health and illness in the popular media. The focus on small group learning activities means students have an opportunity to share knowledge and develop their ideas together.

BEXS351 Exercise Prescription 1: Strength and Conditioning

Spring Wollongong On Campus

Credit Points: 8
Contact Hours: Spring 2hrs Lect, 2hrs Prac, 1hr Tut p/week
Pre-requisites: BMS203 and BMS242
Assessment: Clinical Examination 40%; Teaching Assessment 20%; Written Case Study Theory Exam 40%
Subject Description: This subject applies knowledge from areas of functional anatomy, exercise physiology, biomechanics and exercise science practice to the design of safe, beneficial and functional resistance programs to healthy populations in the community and the work place.

BEXS352 Exercise Prescription 2 - Aerobic Fitness

Autumn Wollongong On Campus

Credit Points: 8
Contact Hours: Autumn 2hrs Lect, 3hrs Prac p/week
Pre-requisites: BMS242 or EDUP234
Assessment: ECG Exam 10%; Assignment 40%; Oral Examination 50%
Subject Description: This subject addresses the range of skills and strategies appropriate for the design and implementation of exercise regimes in normal populations across the age spectrum. It involves the design of programs to improve aerobic fitness and includes information related to exercise sequencing, and developing appropriate intensity of exercise on the basis of field and laboratory based test results. Strategies for prescribing exercise within the populations noted earlier will also be included within this subject material.

BEXS402 Exercise For Special Populations

Spring Wollongong On Campus

Credit Points: 8
Contact Hours: Spring 3hrs Lect, 5hrs Sem/Prac p/week for nominated weeks
Pre-requisites: BEXS451 and BEXS452
Exclusions: For Bachelor of Exercise Science & Rehabilitation students; and authorized Postgraduates
Assessment: Assignments & Reports 50%; Examination 50%
Subject Description: This subject assumes knowledge and skills covered in Advanced Exercise Physiology, Exercise Prescription I & II and extends information presented in Exercise Rehabilitation 1 & 2. The impact of selected pathologies on human performance and the effect of acute and chronic exercise on the pathology and on health of the individual require investigation, understanding and consideration by Exercise Scientists. Exercise test protocols and program delivery techniques specific to the needs of Special Populations in the community will be addressed. Techniques for planning and implementing interventions designed to address specific functional fitness problems in Special Populations will be explained. The relative merits of particular tests of physiological function in these populations will also be discussed.

BEXS411 Practicum in Exercise Science A

Annual Wollongong On Campus

Credit Points: 8
Contact Hours: Annual 1hr Lect, 3hrs Prac/Tut, 100hrs Placement, Autumn 1hr lect, 2hrs seminar
Pre-requisites: BEXS351 and BEXS352
Assessment: Practicum Report 40%; Professional Report 30%; Oral Presentation 30%; Students must receive a Satisfactory grade in Performance on Placement to pass this subject.
Subject Description: This subject assumes knowledge and skills covered in the first three years of the Exercise Science degree and provides information related to the various environments in which Exercise Scientists operate. Consisting largely of a monitored placement within setting in which Exercise Science is delivered to members of the community, techniques for planning and implementing appropriate interventions will be applied. Exercise programs specific to the needs of these clients will thus be designed and managed by the student. Practical skills related to exercise testing, prescription and management of the entire exercise science intervention will be rehearsed, demonstrated and applied by students enrolled in this subject.
the design and management of appropriate exercise rehabilitative techniques to improve functional capabilities and enhance quality of life.

BMS 101 Systemic Anatomy
Autumn Wollongong On Campus
Credit Points: 6
Contact Hours: Autumn 2hrs Lec, 1hrs Tut p/week
Exclusions: EDUP131
Assessment: Spot Test 5%; Practical 1 Exam 15%; Practical 2 Exam 40%; Theory Exam 40%

BMS 103 Human Growth Nutrition and Exercise
Autumn Wollongong On Campus
Credit Points: 6
Contact Hours: Autumn 2hrs Lec, 1hrs Tut p/week
Exclusions: EDUP131
Assessment: Final examination 60%; Practical/Tutorial Assignment and Presentation 40%

BMS 112 Human Physiology 1: Principles and Systems
Spring Wollongong On Campus
Credit Points: 6
Contact Hours: Spring 3hrs Lect, 2hrs Prac, per week
Exclusions: EDUP132 and NURS127
Assessment: Practicals 26%; Mid Term 1 12%; Mid Term 2 12%; Final Exam 50%

BMS 200 Histology
Autumn Wollongong On Campus
Credit Points: 6
Contact Hours: Autumn 2hrs Lec, 3hrs Prac (or equivalent) per week
Pre-requisites: BMS101 or BMS112  
Co-requisites: None  
Exclusions: BMS102  
Assessment: Theory (Final Exam) 50%; Practical (Tests, Exam, Prac. mark, Assignments) 50%  
Subject Description: This subject provides an introduction to the structure and function of mammalian cells, tissues and organs. The practicals and lectures will emphasise functional histology. Students will examine cell ultrastructure, gain an appreciation of histological methods and acquire a detailed understanding of the major tissue types and how these tissues are integrated to produce the functional characteristics of all the major organs/systems of the body. These include the cardiovascular, lymphatic, immune, integumentary, respiratory, digestive, urinary, endocrine and reproductive systems.

| BMS 202 Human Physiology II: Control Mechanisms | Autumn | Wollongong | On Campus |
| Credit Points: 6 | Contact Hours: Autumn 3hrs Lect, 3hrs Prac, 1hr Tut p/week or 1hr Comp.lab per fortnight | Pre-requisites: BMS112 OR EDUP132 | Assessment: Laboratory quizzes 15%; Laboratory reports pass/fail; Mid-semester examination (Multiple choice) 20%; Laboratory attendance 5%; Final Examination (multiple choice and short answer) 60% |
| Subject Description: This subject is an extension of Human Physiology I (BMS112 or EDUP132) and covers material essential to the understanding of physiological control. While topics may vary from year to year, these will typically include the fundamentals of neurophysiological and endocrine control, with detailed treatment of cardiovascular, respiratory, metabolic and renal system control. Control abnormalities accompanying certain pathological states are also emphasised. |

| BMS 203 Musculoskeletal Functional Anatomy | Spring | Wollongong | On Campus |
| Credit Points: 6 | Contact Hours: Spring 3hrs Lect, 3hrs Prac per week + 1hr Tut (fortnightly) | Pre-requisites: BMS101 and BMS211 | Assessment: Spot Tests 10%; Practical Exam 1 12%; Practical Exam 2 18%; Theory Exam 60% |
| Subject Description: This subject investigates the musculoskeletal system from a functional anatomical viewpoint. Topics include the anatomy and function of synovial joints and the role of skeletal muscle in the performance of movements such as walking, running and prehension. Emphasis will be placed upon integrating together the anatomical structures of the musculoskeletal system to better understand the principles of human motion. Students will be introduced to basic recording techniques for the assessment of musculoskeletal function including flexibility, strength and postural tests, movement analysis, anthropometry, gait analysis and electromyography. |

| BMS 204 Introduction to Pathophysiology | Spring | Wollongong | On Campus |
| Credit Points: 6 | Contact Hours: Spring 2hrs Lect, 2hrs Pract /per week | Pre-requisites: BMS202 | Assessment: Practical Assessment 30%; Seminar 10%; Final Exam 60% |
| Subject Description: This subject introduces the student to the study of the physiological basis of human disease states. There are four parts to this course including: pathophysiology at the cellular level; nutrition anaemias and lower digestive system; musculoskeletal system; and cardiovascular system. Topics include fluid and electrolyte imbalance acid/base imbalance and coeliac disease, ulcerative colitis, Crohn's disease, musculoskeletal system, dyslipidaemia and atherosclerosis. |

| BMS 211 Foundations of Biomechanics | Autumn | Wollongong | On Campus |
| Credit Points: 6 | Contact Hours: Autumn 5 p/w - 2hrs Lecture, 2hrsPractical, 1hr Tutorial | Pre-requisites: BMS101 or EDUP131 | Exclusions: EDUP235 |
| Assessment: Mid Session Examination 35%; Quiz 15%; Final Examination 50% | Subject Description: This subject introduces fundamental biomechanical principles to provide a basis for understanding the causes and effects of human motion. The subject is an extension of the basic principles of human structure and function studied in Systemic Anatomy and will include: (i) an introduction to analysis of movement; (ii) basic biomechanical principles of motion; and (iii) subjective analysis of movement. |

| BMS 242 Exercise Physiology | Spring | Wollongong | On Campus |
| Credit Points: 6 | Contact Hours: Spring 2hrs Lect, 3hrs Prac p/week | Pre-requisites: BMS202 | Exclusions: BMS202 |
| Assessment: Mid Semester Exam 15%; Topic Debate 30%; Laboratory Manual 15%; Final Exam 40% | Subject Description: This subject extends the study of human structure and function into the work and exercise domains. Areas to be studied include energy liberation and metabolism, applied muscle physiology and applied cardiorespiratory physiology. |

| BMS 300 Anatomy II (Regional Anatomy) | Spring | Wollongong | On Campus |
| Credit Points: 8 | Contact Hours: Spring 2hrs Lect, 2hrs Prac p/week | Pre-requisites: BMS101 or EDUP131 | Assessment: Practical Exam 40%; Theory Exam 60% |
| Subject Description: This course will teach detailed morphology and general pathology of human visceral organs. Clinical symptoms caused by visceral organ diseases will be explained in relation to particular region. It is a very practical course and leans towards advanced anatomy and common visceral organ diseases. The course will provide you with a detailed morphology of the head, neck, thorax, abdomen, and pelvis with particular emphasis upon the viscera. Hence, it is a necessary pre-requisite for
students to have the knowledge of system anatomy (BMS101-Systemic Anatomy). You will be led, step by step, to learn the gross morphology of individual regions. The regional anatomy differs from the systemic anatomy because it focuses on the specific region linking to the understanding of the clinical problems. During the lecture you will be told firstly the location of the specific organ and its neighbouring structures, and then their blood supply, venous and lymphatic drainage, and nerve innervation. We then describe relevant visceral organ pathology and to certain extend of histology. Finally, common clinical symptoms to that specific region will be introduced. The knowledge you learn from this course will allow you to explain some common clinical health problems, which you may meet in day-to-day life. During the practical classes we will teach tissue-dissection skills and how to localise the projections of visceral organs.

Subject Descriptions

BMS 302 Research Topics
Spring Wollongong On Campus
Autumn Wollongong On Campus
Credit Points: 8
Contact Hours: Spring 1 semester at approx. 1 day/week, Autumn 1 semester at approx. 1 day/week
Pre-requisites: BIOL214 and BMS202; or credit average and permission of subject coordinator.
Exclusions: Strict quota may apply.
Assessment: Literature critique 20%; Final Research Poster or Seminar (Group) 20%; Final Report (Individual) 60%
Subject Description: This subject provides an opportunity for students to participate in a research project in one of the discipline areas; Biomedical Science, Exercise Science and Rehabilitation, Nutrition and Dietetics or Occupational Health and Safety. Students should gain experience in experimental design, data collection, analysis and interpretation and report writing plus oral and poster presentation. The subject is particularly recommended for students intending to undertake further under- or post-graduate research based studies.

BMS 303 Research Topics in Exercise Science
Spring Wollongong On Campus
Credit Points: 8
Contact Hours: Spring 1 semester at approx 1 day/week
Pre-requisites: BEXS352
Assessment: Literature Critique 20%; Research Poster 20%; Final Report 60%
Subject Description: This subject should provide an opportunity for students to conduct a research project in one of the following broad areas of Exercise Science: Exercise Physiology, Biomechanics, Functional Anatomy, Exercise Rehabilitation and Motor Control and Dysfunction. Topics covered will include research design, development of research hypotheses and research proposal documents, data collection and analysis through use of wave form analysis, statistical and spreadsheet software packages and the interpretation of research data within a final research report.

BMS 304 Research Topics in Nutrition and Dietetics
Spring Wollongong On Campus
Credit Points: 16
Contact Hours: Spring 6 x 2hrs Tutorials
Pre-requisites: BMS312
Assessment: Report 80%, Poster 20%
Subject Description: The subject will introduce students to specific areas of research practice in the field of nutrition and dietetics. Topics will be negotiated based on the current research activities of the metabolic research centre and its associates. Students will join a particular project and undertake certain tasks under the supervision of a designated staff member. Students will be required to collect and analyse data and report on their findings to the research team.

BMS 310 Community and Public Health Nutrition
Autumn Wollongong On Campus
Credit Points: 8
Contact Hours: Autumn 2hrs Seminar/Lecture per week
Pre-requisites: PHN203 or POP222
Assessment: Assignment 1 40%; Assignment 2 20%; End of Session Exam 40%
Subject Description: Key areas of community and public health nutrition include nutrition surveillance, food policy, program planning and health promotion. There will be a focus on community nutrition practice, covering such topics as maternal and infant nutrition, school based nutrition programs, diabetes education and the health of older people in the community. Submission of some assignment work via webct.

BMS 311 Nutrients and Metabolism
Autumn Wollongong On Campus
Credit Points: 8
Contact Hours: Autumn 4hrs Lect, 2hrs Pract / per week
Pre-requisites: BIOL214 and BMS202; or equivalent
Exclusions: GHMA931
Assessment: Examination 40%, practical assessment 30%, presentations 10%; reports 20%
Subject Description: This subject covers the need for nutrients and how the human body metabolizes these nutrients. It begins with basic concepts such as bioavailability of nutrients from food. It then focuses on specific nutrients, namely carbohydrates, folate, plant sterols, phytoestrogens and fats, of which there is no recommended dietary intake (RDI). The overall aims are 1) to understand the relationships between intake of nutrients and health status and 2) to develop an appreciation for the development of an RDI for a nutrient. Please note that this is a core subject for all of the University of Wollongong's nutrition degrees and hence it is tailored for nutrition students.

BMS 312 Research in Human Nutrition
Autumn Wollongong On Campus
Annual Wollongong On Campus
Credit Points: 8
Contact Hours: Autumn 8 x 4 hour workshops, Annual 8 x 4 hour workshops
Pre-requisites: STAT151 or STAT252
Assessment: Literature review 20%; scientific report 40%; presentation of proposal 20%; research proposal 20%
Subject Description: This subject will introduce students to a range of key areas of research in human nutrition. Beginning with an overview of nutrition research and the development of literature reviews, topics will include diet intake methodology, the use of nutrient databases, biomedical assays and indicators, epidemiological and ethnographic approaches as they relate to nutrition.

BMS 341 Clinical Biomechanics
Spring Wollongong On Campus
Credit Points: 8
Contact Hours: Spring Subject available in specific weeks - see Generic Extra Information
Pre-requisites: BMS211 or EDUP235, and BMS203. The top 30 students, based on their final grades for these prerequisite subjects, will be admitted to the subject.
Assessment: Assignment 40%; Quiz 10%; Final Exam 50%
Subject Description: This subject aims to extend the student's knowledge of musculoskeletal functional anatomy and biomechanics attained in BMS203 and BMS211, respectively, and to apply this knowledge in learning how to quantitatively assess human movement. Emphasis within the subject will be directed towards developing the required knowledge and skills to be able to measure, analyse and interpret data characterising both normal and pathological human motion. The subject will consist of the following content: (a) measurement in exercise science; (b) quantitative methods of analysing human motion including anthropometry, kinematic analysis, kinetic analysis (dynamometry and inverse dynamics), electromyography, pressure measurement, and balance assessment; (c) theoretical and practical concerns in processing raw data characterising human motion; and (d) clinical applications of quantifying human motion.

BMS 342 Advanced Exercise Physiology
Autumn Wollongong On Campus
Credit Points: 8
Contact Hours: Autumn 2hrs Lect, 3hrs Pract / per week
Pre-requisites: BMS242
Assessment: Mid-semester examination (multiple choice) 20%; Laboratory report 20%; Seminar 26%; Laboratory attendance 4%; Final examination (oral) 30%
Subject Description: While we are adapted to a more sedentary lifestyle, exercise provides a stimulus which pushes physiological function to extreme levels, providing a unique window through which the impact of stress upon human function may be explored. The knowledge of physiological function during rest and exercise stress, under various environmental conditions, is important as a basis for the optimisation of human existence, and, as such, forms an integral part of a sound physiological curriculum. The theme of this subject is to develop an understanding of physiological function under stress across the age and health spectra in groups which include the elderly, adolescent, the athlete and those with underlying pathology.

BMS 344 Cardiorespiratory Physiology
Autumn Wollongong On Campus
Credit Points: 8
Contact Hours: Autumn 2rs Lect, 3hrs Pract / per week
Pre-requisites: BMS202
Assessment: Group Presentation 15%; Written Assignment 20%; Laboratory and exercises 15%; Final Exam 50%
Subject Description: Typical content: Cardiovascular physiology: including structure, theionic basis of cardiac electrical activity, the cardiac pump, the electrocardiogram, peripheral vascular system, control of cardiac function, vascular control and cardiovascular responses to stress within normal and abnormal function. Also covers some pathophysiology and treatment of hypertension, heart failure and cardiac arrhythmia. Respiratory physiology: including structure, ventilation and diffusion, pulmonary blood flow, ventilation-perfusion relationships, gas transport to the periphery, the pulmonary pump, control of ventilation and responses to stress within normal and abnormal function.

BMS 345 Advanced Topics in Pathophysiology
Spring Wollongong On Campus
Credit Points: 8
Contact Hours: Spring 4hrs Lect p/week
Pre-requisites: BMS204
Assessment: Assessment in this subject is based on a formal written examination (40%) and on written and oral assignments (60%). Note that completion of all assignments is required to pass this subject unless medical certificates or other relevant documentation are provided.
Subject Description: This subject introduces students to scientific research within the area of pathophysiology. Topics will vary from year to year depending upon the availability of staff but all will emphasise current literature investigating the physiological mechanisms underlying human disease states. The subject is particularly designed for exceptional students who may be contemplating entering a postgraduate research program at the completion of their degree.

BMS 346 Motor Control and Dysfunction
Spring Wollongong On Campus
Credit Points: 8
Contact Hours: Spring 2hrs Lect, 2hrs Pract p/week
Pre-requisites: BMS202 or BMS352
Assessment: Mid session and practical exams 45%; Final exam 55%
Subject Description: This subject will provide knowledge of the neurophysiological basis of the control of both normal, and dysfunctional human motion. Topics covered will include an in-depth study of the anatomy and neurophysiology of the motor control system, the neurophysiological basis of the major disorders of human motion and techniques for the recording and analysis of normal and abnormal movement patterns.

BMS 352 Fundamentals of Neuroscience
Autumn Wollongong On Campus
Credit Points: 8
Contact Hours: Autumn 4hrs per week - 2hr Lecture, 2hr Practical
Subject Descriptions

**BMS 401 Honours**

*Spring 2005/ Autumn 2006, Annual 2006, Annual 2007, Annual 2008*  |  *Wollongong On Campus*  |  *Credit Points: 48*  |  *Contact Hours: 16 wks full time practical placement*  |  *Pre-requisites: BIOL103 or BMS112*  |  *Assessment: Written Examinations 50%; Practical Examination 25%; Written Paper 25%*  |  *Subject Description: Students should gain familiarity with the physiology and the anatomy of the central nervous system. Labs will consist of a detailed study of the functional anatomy of the human brain, including tracing sensory and motor pathways and understanding neuroanatomical techniques. In addition to integrating anatomical function, lectures include aspects of neural development, molecular and cellular mechanisms of signal transmission, CNS coordination with autonomic and neuroendocrine systems and the study of the neural bases for selected behaviours and neurological disorders.*

**BMS 402 Joint Honours in Biomedical Science and Another Discipline**

*Spring 2005/ Autumn 2006, Annual 2006, Annual 2007, Annual 2008*  |  *Wollongong On Campus*  |  *Credit Points: 24*  |  *Contact Hours: 16 wks full time practical placement*  |  *Pre-requisites: Minimum credit average in last year of undergraduate program*  |  *Assessment: Final Seminar 15%; Thesis (including viva voce) 85%*  |  *Subject Description: The student will be required to write a research proposal and a thesis on an approved topic embodying the results of their supervised research. In addition, the student will be required to participate in a seminar program.*

**BND 433 Communication in Health Care Practice**

*Spring 2005/ Autumn 2006, Annual 2006, Annual 2007, Annual 2008*  |  *Wollongong On Campus*  |  *Credit Points: 8*  |  *Contact Hours: Autumn 4hrs Lect/Seminars per week*  |  *Co-requisites: BND434 or GHMA934*  |  *Exclusions: GHMA933 and GHMA929*  |  *Assessment: Small Group Assessment 35%; Counselling Assessment 35%; Team Assessment and Reflective Learning 20%; Quiz 10%*  |  *Subject Description: The subject will introduce students to the theory and practice of communication in the professional work environment, emphasising successful communication in a range of contexts. These include client counselling, small group education, community consultation, participation in meetings, working with the media and conflict resolution. In order to promote teamwork and group skills, the subject is taught on a small group basis, and the student should prepare for each activity. In order to promote an understanding of how people learn in small groups, students are asked to keep a reflective journal and to critique the process at the completion of the subject.*

**BND 434 Dietetics**

*Spring 2005/ Autumn 2006, Annual 2006, Annual 2007, Annual 2008*  |  *Wollongong On Campus*  |  *Credit Points: 8*  |  *Contact Hours: Autumn 6hrs Lect/Seminars per week*  |  *Pre-requisites: BMS311 and BMS312*  |  *Assessment: Ready Reckoner Assignment 14%; Case Studies 36%; Final Exam 50%*  |  *Subject Description: Dietetics concerns the manipulation of food and dietary data with the aim of supporting nutritional health. This subject focuses attention on the nutritional needs of individuals, in clinical and community health settings, where nutritional intervention will improve or support the quality of life. This subject will draw upon much of your undergraduate and postgraduate studies. In particular you should revise your understanding of nutrition through the life cycle, human physiology and metabolic biochemistry.*

**BND 435 Food Services and Dietetics Management**

*Spring 2005/ Autumn 2006, Annual 2006, Annual 2007, Annual 2008*  |  *Wollongong On Campus*  |  *Credit Points: 8*  |  *Contact Hours: Autumn 5 hrs Lect/Prac/Seminars per week*  |  *Pre-requisites: BMS310 OR BMS311 OR BMS312*  |  *Assessment: Menu Planning Assignment 25%; Multiple Choice Quiz 10%; Group Consultancy Project 25%; Management Assignment 15%; Cookery Assignments 25%*  |  *Subject Description: This subject is an introduction to the management food service operations and hospital dietetic departments. It will focus on the development of small and large scale cooking skills, menu planning and standard recipe manipulation in keeping with dietetic modifications. It will also develop the necessary skills and knowledge base to assist in and/or manage the provision of meals via an institutional food service. Aspects of organisational design, leadership, motivation, negotiation, resource management, decision making and power will be explored.*

**BND 437 Practical Studies in Nutrition and Dietetics**

*Spring 2005/ Autumn 2006, Annual 2006, Annual 2007, Annual 2008*  |  *Wollongong On Campus*  |  *Credit Points: 24*  |  *Contact Hours: Spring 16 wks full time practical placement, Autumn 16 wks full time practical placement, Annual 16 wks*  |  *Pre-requisites: BIOL103 or BMS112*  |  *Assessment: Written Examinations 50%; Practical Examination 25%; Written Paper 25%*  |  *Subject Description: The subject will introduce students to the theory and practice of communication in the professional work environment, emphasising successful communication in a range of contexts. These include client counselling, small group education, community consultation, participation in meetings, working with the media and conflict resolution. In order to promote teamwork and group skills, the subject is taught on a small group basis, and the student should prepare for each activity. In order to promote an understanding of how people learn in small groups, students are asked to keep a reflective journal and to critique the process at the completion of the subject.*
EDUP131  Systemic Anatomy  
Autumn  Wollongong  On Campus  
Credit Points: 6  
Contact Hours: Autumn 2hrs Lect, 3hrs Prac p/week  
Exclusions: BMS101  
Assessment: Spot Test 5%; Practical 1 Exam 15%; Practical 2 Exam 40%; Theory Exam 40%  
Subject Description: This subject provides an introduction to the area of human gross anatomy through the study of each of the major systems of the body. In weekly practical sessions, students are exposed to anatomical structure through examination of cadaveric specimens, radiographic images, histological slides, audiovisual materials and anatomical models. Major topics include the skeletal, muscular, nervous, cardiovascular, respiratory, digestive and urogenital systems.

EDUP132  Physiology I  
Spring  Wollongong  On Campus  
Credit Points: 6  
Contact Hours: Spring 3hrs Lect, 2hrs Prac, per week  
Exclusions: BMS112 and NURS127  
Assessment: Practicals 26%; Mid Term 1 12%; Mid Term 2 12%; Final Exam 50%  
Subject Description: Following an introduction to the cellular, physicochemical and homeostatic principles essential to an understanding of physiology, specific systems will be investigated in detail. These topics will include: nervous, muscular, cardiovascular, respiratory and reproductive systems; digestive processes and energy balance. The practicals will exemplify lecture material, tutorials will concentrate on concepts introduced in lectures as well as provide experience in graphic analysis and data handling.

EDUP234  Exercise Physiology  
Spring  Wollongong  On Campus  
Credit Points: 6  
Contact Hours: Spring 2hrs Lect, 3hrs Prac, 1hr Tut p/week  
Pre-requisites: EDUP132  
Exclusions: BMS242  
Assessment: Lab Manual 15%; Presentation 30%; Library Journal Task 15%; Final Exam 40%  
Subject Description: This subject extends the study of human structure and function into the work and exercise domains. Areas to be studied include energy liberation and metabolism, applied muscle physiology and applied cardiorespiratory physiology.

EDUP235  Biomechanics For Educators  
Autumn  Wollongong  On Campus  
Credit Points: 6  
Contact Hours: Autumn 2hrs Lectures, 2hrs Practical, 1hr Tutorial  
Pre-requisites: EDUP131 or BMS101  
Exclusions: BMS211  
Assessment: Mid Session Exam 35%; Quiz 15%; Final Examination 50%  
Subject Description: This subject introduces fundamental biomechanical principles to provide a basis for understanding the causes and effects of human motion. The subject is an extension of the basic principles of human structure and function studied in Systemic Anatomy and will include: (i) an introduction to analysis of movement; (ii) basic biomechanical principles of motion; and (iii) subjective analysis of movement.

NURS100  Foundation Studies  
Intake C  Wollongong  On Campus  
Credit Points: 6  
Contact Hours: Intake C  
Assessment: Major Assignment - Portfolio 60%, Minor Assignment 40%  
Subject Description: The aim of this subject is to introduce students to different types and sources of knowledge that can be used in nursing. Specifically the issues dealt with will be examined in relation to the responsibility of a registered nurse and safe practice. Information literacy will be intertwined throughout the subject.

NURS127  Human Physiology for Nursing: Principles & Systems  
Autumn  Wollongong  On Campus  
Autumn  Bega  On Campus  
Credit Points: 6  
Contact Hours: Autumn 3 hrs lect, 1 hr tut, 2 hrs labs, Autumn 3 hrs lect, 1 hr tut, 2 hrs labs  
Pre-requisites: Enrolled in Nursing degree program  
Exclusions: BMS112 AND EDUP132  
Assessment: Practicals 26%; Mid Term 1 12%; Mid Term 2 12%; Final Exam 50%  
Subject Description: The subject is an introduction to human physiology with the theme of homeostasis and normal function. It takes a systems approach with units on cell, neural and muscle physiology and respiratory,
cardiovascular, reproductive and digestive systems. In addition, a brief section on principles of chemistry relevant to physiology is included. Practicals provide hands-on illustration of basic functional principles covered in lecture using a range of measurement tools. Tutorials provide revision or extension of lecture concepts and assistance with analysis and presentation of practical results.

NURS162 Effective Communication in Health Care Relationships
Autumn  Bega  On Campus
Autumn  Wollongong  On Campus
Credit Points: 6
Contact Hours: Autumn 2 hrs lect, 2 hrs tut, Autumn 2 hrs lect, 2 hrs tut
Pre-requisites: None
Co-requisites: None
Exclusions: NURS122, NURS132
Assessment: Reflection Submission 10%, Group Presentation and Reflection Submission 20%, Clinical Experience Reflection Assignment 30%, End of Session Examination 40%
Subject Description: This subject aims to provide students with an introduction to theoretical concepts of interpersonal communication, an understanding of the importance of interpersonal skills in health care, beginning skills for relating to patients/clients and the fundamentals of professional presentation skills. An awareness of self, the concept of the professional relationship and the therapeutic use of self will also be important themes in this subject. The theory will be used to underpin the development of a range of interpersonal skills necessary for effective communications in contemporary health care settings.

NURS163 Fundamentals of Nursing
Autumn  Wollongong  On Campus
Autumn  Bega  On Campus
Credit Points: 6
Contact Hours: Autumn 2 hrs lect, 2 hrs tut, 2 hrs lab, 2 wks practicum, Autumn 2 hrs lect, 2 hrs tut, 2 hrs lab, 2 weeks practicum
Pre-requisites: None
Co-requisites: None
Exclusions: NURS121, NURS132
Assessment: Vital Signs Assignment 20%, Client Assessment Assignment 30%, End of Session Examination 50%, 100% clinical attendance and satisfactory completion of a clinical competency profile, ANCI competencies are also assessed.
Subject Description: This subject will provide a foundation for safe and effective nursing practice for all other nursing care subjects. It will introduce students to the roles and functions of the nurse and critical thinking skills. The theoretical foundation provided will promote the development of clinical skills and reflective practice. Application of these skills and practices will occur in supervised clinical practicum in appropriate areas.

NURS164 Patterns of Knowing in Nursing
Autumn  Bega  On Campus
Autumn  Wollongong  On Campus
Credit Points: 6
Contact Hours: Autumn 2 hrs lect, 2 hrs tut, Autumn 2 hrs lect, 2 hrs tut
Pre-requisites: None
Co-requisites: None
Exclusions: NURS122, NURS132
Assessment: Minor Assignment 15%, Major Assignment 35%, Examination 50%,
Subject Description: The general aim of this subject is to introduce students to different types and sources of knowledge capable of being used in nursing. Specifically, this subject will deal with ethical issues in nursing and the fundamental knowledge of common law and legislation required for safe practice. Topics to be discussed include: ethical and legal responsibilities and nurses; tensions between personal ethical commitments and legal obligations; the relationship between nurses’ knowledge, and ethical and legal obligations.

NURS165 Primary Health Care Nursing
Spring  Wollongong  On Campus
Spring  Bega  On Campus
Credit Points: 6
Contact Hours: Spring 2 hrs lect, 2 hrs tut, Spring 2 hrs lect, 2 hrs tut
Pre-requisites: None
Co-requisites: None
Exclusions: NURS325
Assessment: Debate Plan 10%, Literature Review 30%, Seminar Debate 40%, Debate Reflection 20%
Subject Description: This subject will examine the Primary Health Care Model of health as described by the World Health Organisation, and will explore the nurse’s role within the model. The focus of this subject will be the exploration of the nurse’s role in the promotion of health for individuals, families and communities. Nurses will gain skills in health promotion and the planning and evaluation of health promotion activities.

NURS166 Medical/Surgical Nursing 1
Spring  Wollongong  On Campus
Spring  Bega  On Campus
Credit Points: 6
Contact Hours: Spring 2 hrs lect, 2 hrs tut, 2 hrs lab, 2 wks practicum, Spring 2 hrs lect, 2 hrs tut, 2 hrs lab, 2 weeks practicum
Pre-requisites: NURS163
Co-requisites: NURS127 or SCIE121, SCIE122
Exclusions: NURS121, NURS132
Assessment: Critical Analysis Assignment 30%, Mid-Session Quiz 20%, End of Session Examination 50%, 100% clinical attendance and satisfactory completion of a clinical competency profile, ANCI competencies are also assessed.
Subject Description: This subject is designed to build upon the content of NURS163 Fundamentals of Nursing in that it examines the prescription of nursing care once client needs have been established using holistic nursing assessment criteria. In doing so it seeks to prepare participants for supervised clinical practice in medical/surgical settings throughout the total programme.
NURS227 Human Bioscience 3
Autumn  Bega      On Campus  
Autumn  Wollongong  On Campus  
Credit Points:  6  
Contact Hours:  Autumn , Autumn 4L,3P  
Pre-requisites:  NURS127 or SCIE121, SCIE122  
Assessment:  Computer Tests 20%, Essay 35%, End of Session Examination 45%.  
Subject Description:  Gives students an understanding of the structure and functioning of the human body. The major emphasis is on physiology rather than anatomy. All the organ systems of the human body are studied and appropriate links are made with both pathophysiology and human development.  

NURS220 Current Services in Aboriginal Health  
Spring  Wollongong  On Campus  
信用 Points:  6  
Contact Hours:  Spring Weekend delivery  
Pre-requisites:  ABST150 and/or POP102  
Assessment:  Tutorial Presentation 20%, Written Tutorial Paper 30%, Essay 50%.  
Subject Description:  This subject provides an overview of the relationship between issues of social justice, Indigenous health and current health services in Australia. Political, economic and historical aspects of health services will be considered, together with issues related to Indigenous self-determination. The subject will also focus specifically on the development of knowledge and understandings in relation to community control and in the community development process.  

NURS242 Functional Community Structures  
Credit Points:  6  
Not on offer in 2005  
Subject Description:  Focuses on needs assessment techniques. Involves the analysis and planning of local program development, relevant health promotion strategies and program evaluation.  

NURS243 Comparative Indigenous Health Issues  
Autumn  Wollongong  On Campus  
Credit Points:  6  
Contact Hours:  Autumn Weekend delivery  
Assessment:  Tutorial Presentation 20%, Written Tutorial Paper 20%, Essay 30%, Media Journal 30%.  
Subject Description:  The aim of this subject is to provide a comparative discourse on Indigenous health issues. The subject focuses on a historical and comparative analysis of the complex factors involved primarily in the Australian context. There is opportunity for critical interrogation of the rhetoric and practices associated with Indigenous health and with self-determination. The subject examines Indigenous definition and articulation of problems; as well as strategies for addressing the issues. There is also a comparison of specific health issues with those of indigenous peoples in North America and New Zealand.  

NURS262 Medical/Surgical Nursing 2  
Autumn  Bega      On Campus  
Autumn  Wollongong  On Campus  
Credit Points:  6  
Contact Hours:  Autumn 2 hrs lect, 2 hrs tut, 2 hrs lab, 2 wks practicum, Autumn 2 hrs lect, 2 hrs tut, 2 hrs lab, 2 wks practicum  
Pre-requisites:  NURS127 or SCIE121, NURS 166  
Co-requisites:  None  
Exclusions:  NURS 222  
Assessment:  Calculations Test 5%, Essay 35%, End of Session Examination 60%, 100% clinical attendance and satisfactory completion of a clinical competency profile, ANCI competencies are also assessed.  
Subject Description:  Medical/Surgical Nursing 2 is a clinically orientated subject that will require the student to integrate concepts related to the biophysical, pathophysiological, pharmacological, psychosocial and cultural diversity dimensions of individuals and families. This subject will provide the student with an opportunity to apply their understanding of the control mechanisms of the body which maintain homeostasis and coordination and relate these to fluid and electrolyte balance, renal function, neurological and endocrine control and movement. This subject includes the study of normal and abnormal pathophysiology across the life span. This subject will also examine in detail the role of the nurse in assessing people with alterations in fluid and electrolyte balance, renal function, coordination, control and movement: identifying actual and potential problems for these people, making clinical decisions within a professional, ethical and legal framework; and collaborative care incorporating relevant diagnostics and therapeutics.  

NURS263 Mental Health Nursing 1  
Autumn  Bega      On Campus  
Autumn  Wollongong  On Campus  
Credit Points:  6  
Contact Hours:  Autumn 2 hrs lect, 2 hrs tut, workshops, 2 wks practicum, Autumn 2 hrs lect, 2 hrs tut, workshops, 2 wks practicum  
Pre-requisites:  NURS162, NURS166  
Co-requisites:  None  
Exclusions:  NURS223  
Assessment:  Tutorial Presentation 20%, Essay 30%, End of Session Examination 50%, 100% clinical attendance and satisfactory completion of clinical competency profile, ANCI Competencies are also assessed.  
Subject Description:  This subject will introduce the students to the concept of mental health, mental disorders and the provision of care for people who are affected by these disorders. Students will be given an overview of the forces that have shaped mental health services in Australia today. The subject will cover the affects that various mental disorders and substance related disorders have on the population and the impact this has on nurses working in the health field.  

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Subject Descriptions

NURS264 Reflection and Practice
Spring  Bega  On Campus
Spring  Wollongong On Campus
Credit Points: 6
Contact Hours: Spring 2 hrs lect, 2 hrs tut, Spring
Pre-requisites: NURS162, NURS166
Co-requisites: None
Assessment: Active Tutorial Participation 20%, Logical Argument Tests 30%, Reflective Journal 50%.
Subject Description: This subject has three main foci: the development of skills of reflection, not only directly on clinical nursing practice but within the student as a person in general; the development of critical thinking skills, particularly in relation to logical thought and the recognition of logical argument within the work of others; and, the development of skills in presenting logical arguments to others. It builds on skills dealt with earlier in the programme related to the identification, accessing and evaluation of clinically relevant literature. It therefore serves to provide an insight into the concept of 'intellectual craftsmanship' and its relevance to nursing practice.

NURS265 Nursing Therapeutics
Spring  Bega  On Campus
Spring  Wollongong On Campus
Credit Points: 6
Contact Hours: Spring 2 hrs lect, 2 hrs tut, Spring 2 hrs lect, 2 hrs tut
Pre-requisites: NURS166
Co-requisites: None
Exclusions: NURS226
Assessment: Discussion Report 1 10%, Assignment 40%, Discussion Report 2 10%, End of Session Examination 40%.
Subject Description: Nursing therapeutics further develops insights into the nurse's role in administering medications and the use of alternate therapies in care of the patient. Pharmacokinetics will serve as the basis for examining major drug groups with particular emphasis on patient education about drugs, side effects, toxic effects and manifestations, and drug interactions. Alternative therapies shall also be explored in relation to the amelioration of patient problems in collaboration with and separate from allopathic therapies. These alternative therapies will include herbal medications, vitamin and mineral supplementation, naturopathy, aromatherapy, therapeutic touch, meditation and acupuncture. Overall the intention is to enable students to consider ways in which the ethos underpinning alternative therapies (eg. Holism and client-centredness) can and should be expanded into care.

NURS266 Medical/Surgical Nursing 3
Spring  Bega  On Campus
Spring  Wollongong On Campus
Credit Points: 6
Contact Hours: Spring 2 hrs lect, 2 hrs tut, 2 hrs lab, 2 wks practicum, Spring 2 hrs lect, 2 hrs tut, 2 hrs lab, 2 wks practicum
Pre-requisites: NURS166, NURS227
Co-requisites: None
Exclusions: NURS222
Assessment: Calculation Test 10%, Essay 40%, End of Session Examination 50%, 100% clinical attendance and satisfactory completion of a clinical competency profile, ANCI competencies are also assessed.
Subject Description: Medical/Surgical Nursing 3 is a clinically orientated subject that will require the student to integrate concepts related to the biophysical, pathophysiological, pharmacological, psychosocial and cultural diversity dimensions of individuals and families. This subject will provide the student with an opportunity to apply their understanding of the control mechanisms of the body which maintain homeostasis and coordination and relate these to people with alterations in oxygenation, perfusion, ingestion and elimination. This subject includes the study of normal and abnormal pathophysiology across the life span. This subject will also examine in detail the role of the nurse in assessing people with alterations in oxygenation, perfusion, ingestion and elimination: identifying actual and potential problems for these people, making clinical decisions within a professional, ethical and legal framework; and collaborative care incorporating relevant diagnostics and therapeutics.

NURS267 Family and Maternal Health Nursing
Spring  Bega  On Campus
Spring  Wollongong On Campus
Credit Points: 6
Contact Hours: Spring 2 hrs lect, 2 hrs tut, 2 hrs lab, 2 wks practicum, Spring 2 hrs lect,2 hrs tut, 2 hrs lab, 2 wks practicum
Pre-requisites: NURS162, NURS127, NURS166, NURS262
Exclusions: NURS131
Assessment: Case Study 35%, Mid-Session Quiz 15%, End of Session Examination 50%, 100% clinical attendance and satisfactory completion of a clinical competency profile, ANCI competencies are also assessed.
Subject Description: The subject will introduce the student to concepts of family in its contemporary forms and to skills that will enable them to effectively care for women and their babies during the childbearing period, under the supervision of certified midwives. It will describe physical and psychological changes that occur in a variety of pregnancy circumstances. The nurses' role in the family's experience of pregnancy and childbirth will be explored and professional, legal, ethical and cultural diversity will be discussed. Factors affecting family health will be addressed in the context of the childbearing period and early childhood.

NURS322 Developmental Disability Nursing
Autumn  Wollongong On Campus
Autumn  Bega  On Campus
Credit Points: 6
Contact Hours: Autumn 2 hrs lect, 2 hrs tut, workshops, 2 wks practicum, Autumn 2 hrs lect, 2 hrs tut, workshops, 2 wks practicum
Pre-requisites: NURS262, NURS263, NURS265, NURS266, NURS267
Assessment: Essay 40%, Tutorial Presentation 20%, Examination 40%, 100% clinical attendance and satisfactory completion of a clinical competency profile, ANCI competencies are also assessed.
Subject Description: Provides a theoretical and practical introduction to the field of developmental disability. Particular focus will be given to the concepts of normalisation and integration of people with disabilities into society.

NURS325 Community Development Nursing: Theory and Practice
Spring Wollongong Flexible
Credit Points: 6
Contact Hours: Spring Refer to Department of Nursing
Assessment: Learning Activities 25%, Literature Review 35%, Health Promotion Report 40%.
Subject Description: This subject will focus on the nurse as an educator to optimise the independence of people as they move from an institutional setting and back into the community. Students will examine the broader scope of health professionals and will build upon concepts learned in previous subjects. Special emphasis will be placed on working across cultures.

NURS327 Health and Human Ecology
Spring Wollongong On Campus
Credit Points: 6
Contact Hours: Spring Weekend Delivery
Pre-requisites: NURS243 and/or NURS240
Assessment: Media Journal 30%, Seminar Presentation and Paper 30%, Essay 40%.
Subject Description: This subject provides an overview of and an opportunity for discourse on key factors to be considered in environment, health and planning for urban, rural and remote Indigenous communities. There is a focus on the requirements of public health policy and legislation. There is also a critical interrogation of the relationship between the environment and issues of public and community health. Issues such as research, environmental racism, health settings, access to public health facilities, and population stresses will be examined in the light of their impact on allocation of health resources and service delivery.

NURS328 Management in Nursing
Spring Wollongong Flexible
Spring Wollongong On Campus
Spring Bega On Campus
Credit Points: 6
Contact Hours: Spring Refer to Department of Nursing, Spring 2L, Spring 2L, Spring 2L, Spring 2L
Pre-requisites: NURS266, NURS267
Subject Description: Focuses on the working environment of the nurse, and a review is made of models of nursing intervention and of issues which have an impact upon work practices, including hospital evaluation, evaluation of nursing practice, and occupational health and safety.

NURS331 Research For Registered Nurses
Autumn Wollongong Flexible
Autumn Wollongong On Campus
Credit Points: 6
Contact Hours: Autumn Refer to Department of Nursing, Autumn 2L, 2T
Subject Description: Introduces registered nurses, undertaking the certificate or diploma to bachelor of nursing conversion course, to research in nursing. Develops research appreciation and application skills, encompassing issues of research design, establishing the rigour of a research process, methods of data collection and analysis, the ethics of research and evaluating and writing research-based literature.

NURS341 Research in Indigenous Health
Autumn Wollongong On Campus
Credit Points: 8
Contact Hours: Autumn
Pre-requisites: NURS243
Assessment: Tutorial Presentation 30%, Written Tutorial Paper 30%, Essay 40%.
Subject Description: This subject provides students with an opportunity to identify and analyse specific issues in relation to Indigenous research. These issues include cultural and intellectual property rights, research ethics, contested knowledges; and the role of research in community development. The subject explores the notion of research in Indigenous health frameworks as a community-controlled endeavour; and introduces the practices of various research methodologies including action research and participatory planning.

NURS343 Indigenous Community Development: Theory and Practice
Credit Points: 6
Not on offer in 2005
Pre-requisites: NURS243

NURS344 Community Health: Theory, Research & Practice
Spring Wollongong On Campus
Credit Points: 6
Contact Hours: Spring
Pre-requisites: NURS243 and/or NURS240
Assessment: Essay 35%, Seminar Presentation and Paper 20%, Health promotion program 45%.
Subject Description: This subject will provide students with an opportunity to identify, develop and evaluate practical applications of health promotion in communities. The subject addresses the principles and theory of health promotion within a community development framework. Some of the principles that guide education for health and planning education sessions within an Indigenous community context are also discussed.

NURS361 Professional Nursing
Autumn Wollongong Flexible
Credit Points: 6
Contact Hours: Autumn Refer to Department of Nursing
Subject Description: Examines the theory which underpins the patterns of clinical practice. The major foci will include: clinical decision making, critical thinking, reflective practice, conflict resolution and critical analysis of clinical practice. Students will be guided to analyse practice and develop critical thinking skills that will encourage them to develop...
strategies for change in clinical areas.

**NURS362 Continuing, Rehabilitative and Palliative Care Nursing**

- **Autumn** Bega On Campus
- **Autumn** Wollongong On Campus

**Credit Points:** 6

**Contact Hours:** Autumn 2 hrs lect, 2 hrs tut, 2 hrs lab, 2 wks practicum, Autumn 2 hrs lect, 2 hrs tut, 2 hrs lab, 2 wks practicum

**Pre-requisites:** NURS262, NURS263, NURS265, NURS266

**Assessment:** Examination 50%, Assignment 35%, Discussion Reports 15%. 100% clinical attendance and satisfactory completion of a clinical competency profile, ANCI competencies are also assessed.

**Subject Description:** There are a number of chronic health conditions that are commonly encountered by nurses. These conditions are particularly, but not only prevalent in the aged population. This is a clinically orientated subject which examines a number of issues related to chronic health conditions, particularly the goals of aged, rehabilitative and palliative care. The student will have the opportunity to integrate knowledge gained from previous subjects into the care of the person with a chronic disorder. This subject will consider a detailed examination of the role of the nurse in assessing and identifying problems associated with alterations in clients, and making clinical decisions about appropriate nursing interventions and outcomes.

**NURS363 Therapeutic Use of Self**

- **Autumn** Wollongong On Campus
- **Autumn** Bega On Campus

**Credit Points:** 6

**Contact Hours:** Autumn 2L,2T, Autumn 2L,2T

**Pre-requisites:** POP103 or NURS123, NURS162, NURS262, NURS263

**Assessment:** Reflective Journal/Diary 20%, Essay 30%, Examination 50%.

**Subject Description:** In the process of communication we are required to deal with the emotions, thoughts and actions of people around us. Those we deal with in the health system are better served by clinicians who are aware of their own values and beliefs and willing to challenge and question those beliefs. However, for specific goal oriented and therapeutic communications in the professional context, our understanding is required to be more intensive. This subject will introduce students to concepts necessary for effective therapeutic communication and will enable students to develop a portfolio of skills to assist them in any generalist or specialist clinical practice area. These skills will be developed through the use of simulation that are based on specific clinical situations. The skills learnt in this subject are transferable to all areas of the health service and both underpin and compliment therapeutic communication skills necessary for students who plan to specialise in mental health.

**NURS364 Research Appreciation and Application**

- **Autumn** Wollongong On Campus
- **Autumn** Bega On Campus

**Credit Points:** 6
Present examination not on offer in 2005.

Subject Description: Medical/Surgical Nursing 4 is a clinically orientated subject that will facilitate the student to integrate concepts related to the biophysical, pathophysiological, pharmacological, psychosocial and cultural diversity dimensions of individuals and families. This subject will enable the student to synthesise knowledge and skills gained from the previous Physiological Nursing subjects to high dependency patients. This subject will also examine in detail the role of the nurse in assessing people with injury and multi-system disorders; identifying actual and potential problems for these people, making clinical decisions within a professional, ethical and legal framework; and collaborative care incorporating relevant diagnostics and therapeutics.

NURS401 Nursing Honours
Annual Wollongong On Campus
Credit Points: 48
Contact Hours: Annual 3 per week
Subject Description: This course is designed to provide supervision for a beginning researcher, through individual mentoring and group seminars. The major component of the course is to guide the student through the research process, including formulating testable questions from the research literature; devising appropriate methods to test these questions; obtaining ethics committee approval; data collection and analysis; oral presentation of results; and report writing. Students will develop and conduct a research project resulting in a thesis presentation.

POP 101 Population Health - current health issues and their determinants
Spring Wollongong On Campus
Credit Points: 6
Contact Hours: Spring 2 hours lecture, 1 hour tutorial
Assessment: Assignments, Group presentation, Exam
Subject Description: Weekly lectures on major population health issues in Australia will be presented. The latest evidence on the determinants of health issues will be examined, together with implications for specific population groups (e.g. indigenous Australians) and provision of services in rural and urban areas. Ways in which these health issues can be approached will be discussed. Weekly tutorials will examine the links between health and political, social and other factors.

POP 102 Sex, drugs and rock'n'roll; public health perspectives
Credit Points: 6
Not on offer in 2005
Assessment: Two written assignments, Group presentation, Examination
Subject Description: Introduces students to two important contemporary health areas; one related to licit and illicit drug use, including cannabis, ecstasy, alcohol and tobacco; and the other related to sexual and reproductive health in the era of HIV/AIDS. Looks at health consequences, the role of advertising, theories of addiction, law enforcement strategies, health prevention and promotion approaches, and the importance of gender in negotiating sexual relationships. Includes finding and evaluating current public health information.

POP 103 Introduction to Health Behaviour Change
Spring Wollongong On Campus
Contact Hours: Spring 2 hours lecture, 1 hour tutorial
Exclusions: Not to count with POP221
Assessment: To be advised.
Subject Description: This subject introduces students to the theories and strategies of health behaviour change at the levels of the individual, the group, and the community. The subject will focus on the application of psychological theories and principles to the practice of public health and nursing, with emphasis on the use of behaviour change theories and strategies in various clinical nursing settings and health promotion contexts and in culturally diverse communities.

POP 201 Contemporary population health issues
Autumn Wollongong On Campus
Credit Points: 6
Contact Hours: Autumn 2 hours lecture, 1 hour tutorial
Pre-requisites: POP101
Subject Description: Weekly lectures on current population health issues will be presented. Examples will be drawn from within Australia and internationally. Topics will illustrate themes such as the effects of poverty or inequity on health, the populations at risk, the meaning and proof of causality and the way that this information may inform preventive or treatment efforts. The concepts of risk of disease or illness and of burden of disease will be introduced and the possibility that these influence policy and resource allocation will be discussed.

POP 202 Promoting Healthy Lifestyles
Autumn Wollongong On Campus
Credit Points: 6
Contact Hours: Autumn 2 hours lecture, 1 hour tutorial
Pre-requisites: 24 credit points at 100 level
Assessment: Essay (25%), Group Assignments (45%), Examination (30%)
Subject Description: Health promotion is a risk management strategy that deals with the environmental and educational supports that can assist individuals, groups and communities to improve their health. Individuals, groups and populations will be considered. Theoretical and practical aspects of behaviour change and community development will be addressed. The problems of assessing public health interventions will be explored through an examination of evidence from health intervention studies and the options for such studies. Communication of risk is an essential aspect of health promotion.
component of health promotion and will receive particular emphasis in this subject.

**POP 203 Health policy**  
Spring Wollongong On Campus  
Credit Points: 6  
Contact Hours: Spring 2 hours seminar, 1 hour tutorial  
Pre-requisites: At least 12 credit points at 200 level, POP201  
Assessment: Multiple choice test (20%), Essay (30%), Assignment (50%)  
Subject Description: This subject examines health and health care from policy perspectives. First, health policy at a number of levels (governmental and non-governmental) relating to health and health care services will be described and critiqued. Roles and responsibilities of agencies responsible for health matters in Australia will be examined. Second, health policy as a strategy for the management of population health risk will be explored using both theoretical approaches and practical examples. The processes of policy formation will be analysed. Key contemporary policy examples will be examined.

**POP 204 Epidemiology**  
Spring Wollongong On Campus  
Credit Points: 6  
Contact Hours: Spring 2 hours lecture, 1 hour tutorial  
Pre-requisites: STAT151 or PSYC123 or STAT131 or COMM121 or STAT252  
Assessment: To be advised.  
Subject Description: The epidemiological approach to the study of disease and illness will be taught. The level of evidence of a number of study types (e.g. cross-sectional, case control, cohort, intervention studies) will be presented in the context of public health problems. Sources of bias plus confounding and effect modification will be covered. Screening for disease, and associated concepts will be discussed. Skills in using epidemiology software will be developed.

**POP 220 Mass media and population health**  
Credit Points: 6  
Not on offer in 2005  
Assessment: Two essays, written project.  
Subject Description: This unit examines the effects of media on population health - from the negative impact of advertisements for cigarettes, alcohol and junk food to the (hopefully) positive impact of public health campaigns. The subject covers commercial and social advertising, program and editorial content, media advocacy, and social marketing; and presents case studies of current media coverage and advertising campaigns to demonstrate the effects of media on health and social behaviour. Students will develop skills in media analysis, the development of communication campaigns, and dealing with the media.

**POP 222 Current Issues in Food and Nutrition**  
Spring Wollongong On Campus  
Credit Points: 6  
Contact Hours: Spring 2 hours lecture, 1 hour tutorial  
Assessment: A combination of two in-class quizzes, an independent activity and an assignment.  
Subject Description: This subject incorporates an overview of nutrients important to human health and their metabolism. It introduces students to ideas on the causes, nature and impact of a number of current food and nutrition issues. Examples will be drawn from Australia and overseas. Students will critically discuss the role of influential factors, including: interaction of biological, lifestyle and sociocultural aspects of human behaviour; changes in the nature of the food system; role of government and professional groups; and consumer interests.

**POP 301 Project and program design, management and evaluation**  
Autumn Wollongong On Campus  
Credit Points: 8  
Contact Hours: Autumn 2 hours lecture, 1 hour tutorial  
Pre-requisites: POP201  
Subject Description: This subject will examine the process of planning and design (identification of core information, analysis of need, setting goals, objectives, strategies, budgets, resource considerations) for health projects. Program evaluation concepts, development of monitoring and evaluation plans and data management will be discussed. Students will critique project proposals and develop skills in proposal writing and presentation.

**POP 302 Analysis and interpretation of evidence**  
Autumn Wollongong On Campus  
Credit Points: 8  
Contact Hours: Autumn 2 hours lecture, 1 hour tutorial  
Pre-requisites: POP201, POP204  
Subject Description: This subject develops skills in analysing evidence for health care questions. Concepts of evidence based practice and systematic reviews will be taught. Topics will include, defining a question, systematic reviews, pitfalls in critical appraisal, meta-analysis, calculation of effect sizes, evaluating effectiveness, implementing evidence-based practice. Students will undertake systematic reviews for frequency of disease, diagnosis and prognosis, practice guidelines and management of disease.

**POP 325 Aboriginal Health Issues**  
Spring Wollongong On Campus  
Credit Points: 8  
Contact Hours: Spring 2 hours seminar and 1 hour tutorial  
Pre-requisites: 24 credit points at 200 level  
Assessment: Two written assignments, a tutorial presentation and an examination  
Subject Description: Examines the health status of Aboriginal Australians from a historical perspective, using relevant insights from the experiences of other indigenous populations. Explores the causes of Aboriginal health problems, the political and economic context of health, the role of culture, and access to health services. Critiques current strategies to improve health.
to pass an examination of the detailed research proposal before about one third of the research time has passed. The final assessment of the subject combines an oral presentation with the written thesis.

**PSYC101  Introduction to Behavioural Science**

*Autumn Wollongong On Campus*

**Credit Points:** 6

**Contact Hours:** Autumn 2 hrs lecture; 1 hr laboratory, Autumn 2 x 1 hr tutorials

**Subject Description:** This subject provides an introductory overview of areas of psychological investigation, introducing students to the study of individuals and human experience. It aims to acquaint non-psychology majors with the discipline, but may also provide additional background to students intending to specialize in psychology. Topics covered include learning, cognition, motivation, emotion, personality and lifespan development. The aim of this course is to introduce the major areas of study in the science of psychology.

**PSYC121  Foundations of Psychology A**

*Autumn Wollongong On Campus*

**Credit Points:** 6

**Contact Hours:** Autumn 2 hrs lecture; 1 hr laboratory

**Subject Description:** This subject is a prerequisite for enrolment in second year psychology subjects. The subject introduces students to the science of psychology. The content will focus on the way the individual's biological and psychological systems function. In particular, the subject will examine the biological bases of human behaviour, lifespan development, motivation and emotion, personality, and consciousness.

**PSYC122  Foundations of Psychology B**

*Spring Wollongong On Campus*

**Credit Points:** 6

**Contact Hours:** Spring 2 hrs lecture; 1 hr laboratory

**Co-requisites:** PSYC123

**Subject Description:** This subject is a prerequisite for enrolment in second year psychology subjects. The subject examines the way in which individuals perceive and learn about their world, the ways in which group membership influences behaviour, the nature of psychological dysfunction, and the role of psychology in influencing health. Topics covered include learning, perception, memory, cognition, psychology of abnormality, social psychology, and human relations.

**PSYC123  Theory Design and Statistics in Psychology**

*Spring Wollongong On Campus*

**Credit Points:** 6

**Contact Hours:** Spring 2 hrs lecture; 1 hr laboratory

**Subject Description:** This subject is a prerequisite for enrolment in second year psychology subjects. The subject introduces students to scientific methods, the design of psychological research, data analysis and interpretation. Emphasis will be placed on the acquisition of fundamental statistical skills and a capacity for critical evaluation of
research design, in both experimental and non-experimental applications. The link between psychological theory, method and analysis will be explored. Ethical issues in psychological research will be addressed.

**PSYC216 Psychology of Physical Activity**  
Autumn  
Wollongong  
On Campus  
Credit Points: 6  
Contact Hours: Autumn 2hrs Lecture; 1.5hrs Laboratory  
**Pre-requisites:** (PSYC101) OR (PSYC121) OR (PSYC122) OR (PSYC123)  
**Subject Description:** PSYC 216 examines evidence on the health benefits of physical activity; how physical activity habits may be measured; how physical activity is distributed in populations; its major determinants; how psychological theories or models can guide interventions to promote physical activity; the evidence base on which interventions can be developed; and evidence on the outcomes of trials of interventions, including community, mass-media and public health policy initiatives.

**PSYC231 Personality**  
Autumn  
Wollongong  
On Campus  
Credit Points: 6  
Contact Hours: Autumn 2hrs Lecture; 1.5hrs Laboratory  
**Pre-requisites:** (PSYC121 and PSYC122 and PSYC123)  
**Subject Description:** This subject provides overviews of, and bases of comparison between, many of the major approaches to personality. These include psychoanalysis, behaviourism, existentialism, personal construct psychology, neo-Freudian approaches, trait theory, social learning theory and humanistic psychology. Coverage includes both accounts of normal and abnormal personalities, individual differences, developmental dimensions, relevant research and therapeutic relevance where appropriate.

**PSYC234 Biological Psychology and Learning**  
Autumn  
Wollongong  
On Campus  
Credit Points: 6  
Contact Hours: Autumn 2hrs Lecture; 1.5hrs Laboratory  
**Pre-requisites:** (PSYC121 and PSYC122 and PSYC123)  
**Subject Description:** This subject introduces the physiological mechanisms underlying behaviour and changes in behaviour brought about by experience, as well as the psychophysiological measures frequently employed to study these processes. Topics include the nervous and endocrine systems, arousal, attention, learning, memory, language, Pavlovian and instrumental conditioning, and habituation. Laboratory classes introduce the techniques and experimental methods used in the study of learning and psychophysiology, including the recording of the electrocardiograph, skin conductance and the electroencephalograph.

**PSYC236 Cognition and Perception**  
Spring  
Wollongong  
On Campus  
Credit Points: 6  
Contact Hours: Spring 2hr Lecture; 1.5hr Laboratory  
**Pre-requisites:** (PSYC121 and PSYC122 and PSYC123)  
**Subject Description:** This subject provides an overview of two broad content areas in experimental psychology. Perception is the study of how information is acquired from the environment through sensory organs. Cognition is concerned with the storage, manipulation and retrieval of such information. Lectures draw upon findings from both behavioural and neuropsychological studies. Topics covered include visual and auditory perception, memory, language, categorisation and reasoning. Students learn how to conduct, analyse and interpret experimental research.

**PSYC241 Developmental and Social Psychology**  
Spring  
Wollongong  
On Campus  
Credit Points: 6  
Contact Hours: Spring 2hr Lecture; 1.5hrs Laboratory  
**Pre-requisites:** (PSYC121 and PSYC122 and PSYC123)  
**Subject Description:** This subject discusses core issues in child, adolescent and adult development with an emphasis on behaviour in the perceptual, cognitive, and social environment. Half of the subject will provide a developmental framework from the neonatal stage through adulthood. Key theories and empirical aspects in perceptual, cognitive and emotional development will be covered. Ethical issues concerning research involving children will also be addressed. The second half emphasises the contributions of social psychology to understanding individual behaviour. The development of the social self, attitudes, prejudice and the importance of social cognition will be covered. The implications of issues arising from these core topics to cross-cultural psychology will also be considered.

**PSYC246 Special Research Topic**  
Spring  
Wollongong  
On Campus  
Contact Hours: Spring, Autumn, Annual  
**Pre-requisites:** Prior approval by Head of Department required.  
**Co-requisites:** Not to be counted with more than one other 200 level psychology subject.  
**Subject Description:** On successful completion of this subject students will be able to identify the major steps necessary to carry out a research project in Psychology, including problem specification, surveying the existing literature, appropriate data collection and analysis techniques, and report writing. Students will understand the importance of teamwork and have demonstrated small group presentation techniques.

**PSYC247 Statistics and Measurement 1**  
Autumn  
Wollongong  
On Campus  
Credit Points: 6  
Contact Hours: Autumn 2hrs lecture; 1.5hr laboratory  
**Pre-requisites:** PSYC121 and PSYC122 and PSYC123  
**Subject Description:** Students are introduced to fundamental concepts underlying measurement and quantification in psychology. This subject covers statistical methods used in psychology with an emphasis on choosing appropriate analyses for given research designs. The subject also introduces students to the concepts of testing and assessment in psychology, including the assessment of personality, ability and aptitude. The practical aspects of test administration and interpretation in organisational and
clinical settings will be discussed, including ethical issues relating to psychological testing. Students will also obtain skills in using SPSS to analyse psychological data.

PSYC248  Statistics and Measurement 2  
Spring  Wollongong  On Campus  
Credit Points: 6  
Contact Hours: Spring 2hrs lecture; 1.5hr laboratory  
Pre-requisites: PSYC247 or PSYC232  
Subject Description: This subject consists of two distinct but related components. In the first component students are introduced to a general linear modelling approach to analysis of variance and regression. In the second component students are introduced to the statistical theory underlying psychological testing, including classical and modern test theories. Students will experience extensive use of SPSS in analysing general linear models, and examining the psychometric properties of psychological tests.

PSYC315  Psychology of Abnormality  
Autumn  Wollongong  On Campus  
Credit Points: 8  
Contact Hours: Autumn 2hr lectures; 1.5hr laboratory  
Pre-requisites: For students who began their degree:- a) from 2003, Psyc231, 241, 234, 236 & 247. b) before 2003, 24 credit points at 200level, excluding Psyc216  
Subject Description: This subject involves a systematic examination of the variety of mental disorders found in adults and children. In addition to the descriptive psychopathology, necessary to identify the disorders, contemporary issues relating to theories of causation and treatment are examined. In addition, clinical assessment and methods of therapeutic intervention make up an important component of this course.

PSYC317  Current Issues in Learning and Judgement  
Autumn  Wollongong  On Campus  
Credit Points: 8  
Contact Hours: Autumn 2 hrs lecture; 1.5 hr laboratory  
Pre-requisites: For students who began their degree:- a) from 2003, Psyc231, 241, 234, 236 & 247. b) before 2003, 24 credit points at 200level, excluding Psyc216  
Subject Description: This subject will extend students' knowledge of cognitive psychology in the areas of memory and language. It provides a detailed examination of a number of areas including short-term-memory, the psychology of reading, and connectionism. Students working in groups will be required to carry out a small original research project on a topic relevant to the course. In addition there will be a full program of experimental laboratory classes.

PSYC345  Memory and Language  
Spring  Wollongong  On Campus  
Credit Points: 8  
Contact Hours: Spring 2 hr lectures; 1.5 hr laboratory  
Pre-requisites: For students who began their degree:- a) from 2003, Psyc231, 241, 234, 236 & 247. b) before 2003, 24 credit points at 200level (excluding Psyc216) & including Psyc232 & 236.  
Subject Description: This subject will extend students' knowledge of cognitive psychology in the areas of memory and language. It provides a detailed examination of the various psychological problems. Topics include materialist and old age are considered. Theories concerning the nature of life-span change are addressed, along with relevant empirical studies. One approach to understanding and facilitating changes, personal construct psychology, will be considered in detail. Some personal exploration will be undertaken by those enrolled.

PSYC347  Assessment and Intervention  
Autumn  Wollongong  On Campus  
Credit Points: 8  
Contact Hours: Autumn 2hr Lecture; 1.5hr Laboratory  
Pre-requisites: For students who began their degree:- a) from 2003, Psyc231, 241, 234, 236 & 247. b) before 2003, 24 credit points at 200level, excluding Psyc216  
Subject Description: This subject is meant to provide students with an overview of the assessment procedures and intervention programmes commonly used, and the efficacy of these programmes for common psychological problems including anxiety, depression, substance abuse, and common disorders among children. While different approaches to therapy will be briefly discussed, the strategies used in cognitive-behavioural assessment and therapy will be covered more extensively.

PSYC348  History and Metatheory of Psychology  
Spring  Wollongong  On Campus  
Credit Points: 8  
Contact Hours: Spring 2hr Lectures; 1.5hr Laboratory  
Pre-requisites: For students who began their degree:- a) from 2003, Psyc231, 241, 234, 236 & 247. b) before 2003, 24 credit points at 200level, excluding Psyc216  
Subject Description: This subject introduces (1) the origins and development of major approaches in modern psychology, and (2) important conceptual issues in psychology. It discusses the concepts needed to evaluate the theories, methods, accounts and practices that we encounter in psychology, and applies these concepts to various psychological problems. Topics include materialist and causal views of psychology, behaviourist analyses of mental processes, psychoanalytic explanation, rationalist
and phenomenological accounts of mind and ethical and ideological considerations in psychology.

PSYC349 Visual Perception
Autumn Wollongong On Campus
Credit Points: 8
Contact Hours: Autumn
Pre-requisites: For students who began their degree: a) from 2003, Psyc231,241,234,236 and 247. Psyc247 & 236 are specified pre-requisites. b) before 2003, 24 credit points at 200 level (excluding Psyc216) and including Psyc232 & 236.
Subject Description: This subject covers the following aspects of visual perception - lightness and colour; motion; shape and object perception; depth and stereopsis; spatial and temporal resolution - and the applications of each, uniting them by focusing on the environmental variables to which the visual system is sensitive, and the neural mechanisms underlying these sensitivities.

PSYC350 Social Behaviour and Individual Differences
Autumn Wollongong On Campus
Credit Points: 8
Contact Hours: Autumn 2hr Lectures; 1.5hr Laboratory
Pre-requisites: For students who began their degree: a) from 2003, Psyc231,241,234,236 & 247. Psyc241 & 247 are specified pre-requisites. b) before 2003, 24 credit points at 200 level (excluding Psyc216) and including Psyc232 & 241.
Subject Description: This subject allows students to study selected topics in social psychology in more detail. The emphasis is on the extent to which one can explain social behaviours (eg. prejudice, crime, close relationships, particular adolescent behaviours) in terms of individual differences and personality traits. An integral part of the subject will include the formulation of a research proposal by each student.

PSYC352 Psychophysiology
Spring Wollongong On Campus
Credit Points: 8
Contact Hours: Spring 2hr Lectures; 2hr Laboratory
Pre-requisites: for students who began their degree: a) from 2003, Psyc231,241,234,236 & 247. Psyc247 & Psyc234 are specified pre-requisites. b) before 2003, 24 credit points at 200 level (excluding Psyc216) and including Psyc232 & 234
Assessment: Lab report, quizzes, exam, lab book
Subject Description: This subject concentrates on psychophysiology as the systematic examination of peripheral and central physiological correlates of perceptual and cognitive functioning. Students will attain a basic level of proficiency in the electrical recording and assessment of a range of autonomic measures (including muscle, respiratory, cardiovascular, and electrodermal activity), as well as the traditional central indicators (EEG and event related potentials). Current research using these techniques will be examined.

PSYC354 Design and Analysis
Spring Wollongong On Campus
Credit Points: 8
Contact Hours: Spring 2 hrs lecture; 1.5 hrs laboratory
Pre-requisites: For student who began their degree: a) from 2003, Psyc231,241,234,236,247 & 248. b) before 2003, 24 credit points at 200 level (excluding Psyc216) and including Psyc232
Subject Description: PSYC354 develops skills in the design and analysis of research investigations involving statistics. It is a pre-requisite for PSYC499. Statistical computing is an essential part of the course. Topics covered: statistical techniques in psychological research, experimental and observational research designs, analysis of survey data; analysis of variance and covariance; regression; factor analysis; multivariate analysis.

PSYC498 Psychology IV
Annual Wollongong On Campus
Credit Points: 48
Contact Hours: Annual
Pre-requisites: See Bachelor of Psychology requirements
Subject Description: Building on the first three years of the Bachelor of Psychology course, this subject will cover principal theoretical, empirical, and practical aspects of the areas in psychology that prepare students for work as psychologists: social and health psychology; advanced abnormal psychology; child and adolescent psychology; psychological assessment; contemporary issues for professional and research psychologists. In addition, students will undertake an empirical group-based research project. An empirical report of 8000 words is then written-up individually under the supervision of an academic staff member.

PSYC499 Psychology IV Honours
Annual Wollongong On Campus
Credit Points: 48
Contact Hours: Annual
Pre-requisites: See Honours entry requirements
Subject Description: Candidates will generally complete: a supervised 12,000 word Empirical Thesis; a supervised 6,000 word minor Theoretical Thesis, and three compulsory seminars in Research, Advanced Methodology, and Contemporary Issues for professional and research psychologists. Students may choose to replace the 6,000 word Theoretical Thesis with an optional subject chosen from the following list: Principles and Practices of Psychological Assessment, Child and Adolescent Psychology, Advanced Abnormal Psychology, Social Psychology and Health, Models of the Human Brain and their Applications