

# Extreme Adventures

University of Wollongong



## Uni Wollongong Orientation Tour Discover the Blue Mountains

**Discover a new world:** Our location is the amazing Blue Mountains (Australia's Grand Canyon). This vast wilderness region is one of the most beautiful in the world and this two-day adventure gets you in amongst it all. You'll get the chance to kart, hike, climb, fall and crawl your way around the mountains, or if you prefer, you can just relax, get over your jet lag and admire the views.

**Discover new friends:** UOW & Extreme Adventures invite you to take advantage of this unique opportunity for all Study Abroad & Exchange students commencing in Semester 1 2010.

**Discover yourself:** It's the perfect way to fill in the time between your Study Abroad & Exchange Orientation and starting classes and to take the time to think about the semester ahead. Relax before the study begins!



### THE FACTS:

The trip runs from 26-28 February 2010.  
Don't forget your UOW orientation is on Monday 22 February.

The cost is AUD\$325 per person. This includes:

- ⊗ Accommodation
- ⊗ 2 Dinners, 2 Breakfasts and lunch
- ⊗ Transport
- ⊗ Half Day Abseil
- ⊗ Guided Hike
- ⊗ Scenic Railway
- ⊗ Grass Carting
- ⊗ Extreme Tour Guide

Register for your Blue Mountains experience by signing up for the UOW Orientation trip at:

[www.extremeadventures.com.au](http://www.extremeadventures.com.au)

*Places are limited – don't miss out!!*

Questions? Contact [info@extremeadventures.com.au](mailto:info@extremeadventures.com.au)

# Blue Mountains

## UOW Orientation Escape

We know that it can be tough packing up and arriving in a new country. It's your first day at school all over again. You need to find new classrooms, new housing and new friends!!! Well at the University of Wollongong we'd like to make it a whole lot easier for you. Our two-day two-night Orientation Escape lets you mingle and meet other students on the Study Abroad and Exchange program in an informal setting. Our location is the amazing Blue Mountains (Australia's Grand Canyon). This vast wilderness region is one of the most beautiful in the world and this two-day adventure gets you in amongst it all. You'll get the chance to kart, hike, climb, fall and crawl your way around the mountains, or if you prefer, you can just relax, get over your jet lag and admire the views. This trip is designed for you to meet new people, create new support networks and get ready for life at University of Wollongong. This will be the most amazing semester of University in your life!



PLEASE NOTE TIMES ARE SUBJECT TO CHANGE – A CONFIRMED PICK UP TIME WILL BE ANNOUNCED AT THE UOW ORIENTATION SESSION.

### University of Wollongong

Uni of Wollongong Orientation - Blue Mountains Orientation Weekend

<b>Day One - 26 Feb 2010 - 4.00pm</b>	Depart University of Wollongong (Western Bus Bay)
<b>7pm</b>	A group meal will give us the perfect setting to get to know everyone on the trip!
<b>Day Two - 27 Feb 2010 - 8.00am</b>	Wake up and grab breakfast
<b>9.00am</b>	Jump on the bus ready for a day of excitement! Today we will throw you off the side of a cliff! Due to legal reasons we have to attach a rope to you and call it abseiling.... Today we get to fall off cliffs up to 30m (90 feet!)
<b>1pm</b>	Head back to the accommodation for lunch, then either jump on the bus for a quick trip around some great lookouts, or take the time to check out town.
<b>6pm</b>	Join us for dinner and perhaps a few games before exploring a different side of the nightlife in the mountains.
<b>8.30pm</b>	Your Extreme crew will follow you out into the local nightlife for a taste of the mountain culture and who knows, if you're lucky, maybe meet some different brothers and sisters... do I hear banjos?

<b>Day Three - 28th Feb 2010 - 8.00am</b>		Grab breakfast, and pack up your bags.
	<b>9am</b>	Hike down the side of the Mountains taking in the spectacular views of the valley and Katoomba waterfall ending up at the base of the worlds steepest railway (up to 52 degrees!!). After 2 hours of steps coming down, we cheat and get the railway back up!
	<b>12pm</b>	Time to leave Scenic World and the railway behind as we start the last leg of our journey..
	<b>12.30pm</b>	Arrive at Grass Karting!! Strap on a helmet and get behind the wheel of our awesome Grass Karting buggies. Schumacher move over, adrenaline junkies beware!! When you're not tearing up the grass grab a bite to eat from the BBQ provided.
	<b>5.30pm</b>	Arrive back at UoW with plenty of crazy mountain stories!

**Trip Price:** **\$325 Australian Dollars** – Numbers strictly limited – book early to avoid disappointment.

**Trip includes:** All transportation from and back to UOW, 2-nights share accommodation, all meals listed, Half Day Abseil, Guided Hike, Scenic Railway, Grass Carting and your Extreme Adventures crew.

**What to bring?** You'll need your walking or hiking shoes, towel, t-shirts, shorts, fleece, jeans (or similar) for evenings out in Katoomba, sunscreen, insect repellent, camera and a smile.

**How to Book:**

**Web:** Online at [www.extremeadventures.com.au](http://www.extremeadventures.com.au) (secure site)  
(click on the **TRIPS** button / then select your preferred option)  
**or**

**Fax:** **Fill in the booking form and fax to -** 02 9369 3090

**Confirmation:** To ensure your booking has been received and processed by our office you should receive a confirmation email within 2 working days of requesting a spot on tour. Please send an email to the crew at: [info@extremeadventures.com.au](mailto:info@extremeadventures.com.au) should you not receive any correspondence from us.

[www.extremeadventures.com.au](http://www.extremeadventures.com.au)