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# Human Research Ethics Committees Network Meeting

Hosted by the University of Wollongong



Venue: Novotel Northbeach  
Date: 12 & 13 November 2009  
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RSVP: **23<sup>rd</sup> October 2009**



Port Kembla coal loader, Belmore Basin, and North Wollongong rock pool photos courtesy of [www.andrewgouldphotography.com](http://www.andrewgouldphotography.com)

# Accommodation Options

Below is a selection of accommodation within easy walking distance of the meeting venue. You can browse other options at

<http://www.wollongongcity.com.au/accommodation/>

## Novotel Northbeach

*Cost:* Standard Room: \$189/night  
Ocean View Room: \$209/night  
NB: these are special meeting rates, please refer to the meeting when booking

*Location:* 2- 14 Cliff Rd, North Wollongong NSW 2500

*Tel:* 02 4224 3111

*Website:* [www.novotelnorthbeach.com](http://www.novotelnorthbeach.com)

*Email:* [stay@novotelnorthbeach.com.au](mailto:stay@novotelnorthbeach.com.au)

## The Boat Harbour Motel

(5 minute walk to the meeting venue)

*Cost:* \$110 per night

*Location:* Cnr Campbell and Wilson St, Wollongong NSW 2500

*Tel:* 02 4228 9166

*Website:* [www.boatharbour-motel.com.au](http://www.boatharbour-motel.com.au)

*Email:* [info@BoatHarbour-Motel.com.au](mailto:info@BoatHarbour-Motel.com.au)

## Normandie Motel

(2 minute walk to the meeting venue)

*Cost:* \$125 per night

*Location:* 30 Bourke Street North Wollongong NSW 2500

*Website:* [www.normandiemotel.com.au](http://www.normandiemotel.com.au)

*Tel:* 02 4229 4833

*Email:* [normandie@ozemail.com.au](mailto:normandie@ozemail.com.au)

## Park Street Serviced Apartments

(2 minute walk to the meeting venue)

*Cost:* \$99 per night

*Location:* 1 Park Street Wollongong, NSW 2500

*Tel:* 02 4227 7999

*Website:* <http://parkstreet.net.au/>

*Email:* [reservations@parkstreet.net.au](mailto:reservations@parkstreet.net.au)

# Restaurants/Cafés/Bars

There will be a dinner organised at the Harbour Front Restaurant on Thursday commencing with an open bar (wine and beer) from 6.30. The cost for the 3 course dinner will be \$40 per person (wine and beer included). Please notify Eve by October 30<sup>th</sup> if you would like to attend.

There are a number of takeaways, cafés and restaurants around the venue, and clusters of restaurants in central Wollongong on Keira St and around the corner of Crown and Corrimal Sts. Some of the popular ones are:

## Around the venue:

**Diggies Café Restaurant** (Breakfast, Lunch & Dinner)

*Location:* 1 Cliff Road North Beach, directly across from the Novotel

**Aqua Restaurant** (Breakfast, Lunch & Dinner)

*Location:* 17/54-58 Cliff Road, 2 minute walk from meeting venue

**Harbour Front Restaurant** (Lunch and Dinner) 5 minute walk from meeting venue

*Location:* 2 Endeavour Drive, Wollongong Harbour NSW 2500

## Central Wollongong - low to mid range

Central Wollongong is a 15 – 20 minute walk from the meeting venue, or about 5 minutes by taxi.

**Ghedia's Indian Restaurant** (Dinner)

*Location:* 2/123 Corrimal Street, Wollongong NSW 2500

**Mylan Vietnamese** (lunch and dinner)

*Location:* 193 Keira St Wollongong

**Old Siam Style Thai Restaurant** (lunch and dinner)

*Location:* 157 Keira St Wollongong

## Central Wollongong - for the serious foodies (mid range)

**Lorenzo's** (dinner)

The food here is something special if you like Italian food – in 2008 Lorenzo's received the award for the Best Italian Restaurant in NSW at the Restaurant and Catering Association awards.

*Location:* 119 Kiera St Wollongong

**Caveau** (lunch and dinner)

As the name suggests, this is a French restaurant, which has been 'hatted' by the SMH Good Food Guide for the last three years. If you have a group of like-minded people with healthy appetites the 7 course degustation menu is supposed to be superb.

*Location:* 122-124 Keira St Wollongong NSW 2500



## Transport

### Getting to Wollongong by car:

From Sydney, proceed south along the F6 freeway, past the Bulli exit. At the bottom of the escarpment the road takes a sweeping turn to the right and flattens out, about 500m on take the Wollongong exit on the left. It is less than 5 minutes drive east from here – see <http://www.novotel.com/gb/hotel-1654-novotel-wollongong-northbeach/location.shtml> for full directions.

### By rail from Sydney:

Trains run on the South Coast Line, see <http://www.cityrail.info/timetable/index.jsp>. Most trains stop at North Wollongong Station, which is less than a 10 minute walk from the Novotel. Taxis are more readily available at Wollongong Station, which is approximately 5 minutes drive from the Novotel. There is also a free shuttle bus operating seven days a week around Wollongong city which will take you from Wollongong Station to Cliff Rd right near the Novotel – see <http://www.131500.com.au/faresandpasses/cbdshuttle.asp>

### From Sydney Airport:

By train: It is about a two hour trip from the Airport by train. The Airport is on the Airport & East Hill Line, Wollongong is on the South Coast Line (not the Illawarra Line which does not run to the Illawarra). Take a train heading in the East Hill direction and change to the South Coast Line at Wollongong, the second stop after the domestic terminal. Trains to Wollongong run approximately every 10 minutes; trains to Sydney are about once an hour – see timetables at <http://www.cityrail.info/timetable/index.jsp>. Most trains stop at North Wollongong Station, which is less than a 10 minute walk from the Novotel. Taxis are more readily available at Wollongong Station, which is approximately 5 minutes drive from the Novotel. There is also a free shuttle bus operating seven days a week around Wollongong city which will take you from Wollongong Station to Cliff Rd right near the Novotel – see <http://www.131500.com.au/faresandpasses/cbdshuttle.asp> for the map and timetable.

By airport taxi: Several companies run door to door pick ups between Wollongong and Sydney Airport. The cost is normally \$50 per person each way.

Leisure Coast Limousines:	+61 (0)2 4261 7393
Wollongong Limousine Service:	+61 (0)2 4225 3666
Kelly's Airport Express	+61 (0)2 4272 6106

# Leisure Time

If you have any time before or after the meeting, Sydney is an hour and a half on the train, and there are plenty of things to do locally. The Illawarra has 17 stunning beaches, rock pools and rainforests, beautiful drives and great bushwalking. Below are just a few suggestions of things to do, for details of operators and a range of other activities go to <http://tourismwollongong.com.au/recreation/recSearch.asp>; have a look in the yellow pages <http://www.yellowpages.com.au/?ref=wpnav>; or browse <http://www.visitnsw.com/town/Wollongong.aspx>



## Tandem Beach Skydive

Skydive the Beach Wollongong  
[www.skydivethebeach.com](http://www.skydivethebeach.com)



## Wollongong City Gallery

Wollongong City Gallery is the largest regional art museum in Australia. The Gallery has more than 1000 pieces in its collection, including Aboriginal Art from the Illawarra and the far South Coast of New South Wales, the Western Desert areas and Northern Territory, and collections of 19th and 20th century Australian art. Located on the corner of Burelli Street and Kembla Street, Wollongong.

## Go for a drive along the Grand Pacific Drive

This spectacular road links the northern suburbs of Wollongong with the Royal National Park, winding through seaside villages bounded by the rainforest coated escarpment and sheer cliffs plunging into the sea.

In the villages you will find cafes, galleries, boutiques and second hand shops.

<http://www.southcoastleisuretimes.com.au/illawarra/grandpacific.html>



Burning Palms, Royal National Park Image courtesy of Kerry Gilmore

## Bushwalking

The Royal National Park lies immediately north of Wollongong. It is the second oldest national park in the world, and retains large areas of relatively unspoiled bushland. Within it are rainforests and heathlands, waterfalls and creeks, as well as a number of beaches. For those without a car there are walks starting at Waterfall, Heathcote and Otford stations.

[www.environment.nsw.gov.au/parks/RegionSydney.htm](http://www.environment.nsw.gov.au/parks/RegionSydney.htm)



### Hang Gliding and Paragliding

Bald Hill at Stanwell Park is a popular take off for hang gliding and paragliding. It's a 20 minutes drive North from Wollongong City.



### Illawarra Fly Tree Top Walk Lookout

The Illawarra Fly is a 500 metre long, 25 metre high elevated tree top walk amongst temperate rainforest, with panoramic views from Bass Point in the south of Wollongong to Bundeena in the north of the Royal National Park. Tel: 1300 362 881, 182 Knights Hill Rd, Knights Hill NSW.



### Jamberoo Recreation Park

NSW's biggest fun park.  
Located 30 minutes south of Wollongong City



### Surfing

#### [Skipp Surf School](#)

Wollongong NSW 2500

Ph: 0410 487 332

#### [Taupu Surf School](#)

Thirroul NSW 2515

### Nan Tien Temple <http://www.nantien.org.au>

The Nan Tien Temple is the largest Buddhist temple in the Southern Hemisphere. It offers regular events such as meditation retreats, excursions and art & craft classes.



Image courtesy of [www.buddha101.com](http://www.buddha101.com)

# Map of Wollongong

