

## First Year Psychology Subject Suggestions

For the following Psychology degrees:

- **B. Art (Psych)**
- **B Science (Psych)**
- **B Psych**

These subjects below are suggestions, not recommendations, for what you might like to study in addition to the core psychology subjects in first year. Psychology is very broad and many different subjects or academic disciplines could form a useful part of your education, depending on your interests and where you end up working after you leave university.

After reviewing the core subjects as per the Course Handbook online for your degree (<http://www.uow.edu.au/handbook/>), and enrolling in the subjects **required** for your degree, add electives from the General Schedule as per the suggestions below.

**These are the first year (100-level) subjects available to students in 2012 from the general schedule with some relevance to psychology:**

### Session One (Autumn)

**PHIL107** - Values, Self and Knowledge (some students who have done this subject found it relevant to psych and interesting)

**ELL182** - Effective Written Communication (ESB) (for students of English speaking background. Teaches communication for different academic contexts).

**ELL152** - Effective Written Communication (NESB) (for students of Non-English speaking background. Teaches communication for different academic contexts).

**STS100** - Knowledge, Culture and Social Change: Science, Technology and Society (no final exam) (good framework for understanding current society, can be applied to psych)

**SOC103** - Introduction to Sociology (some students have done this and have found it interesting and relevant)

**BIOL104** - Evolution, Biodiversity and Environment (has some general relevance as evolutionary principles are increasingly being applied to psychologically functions)

**BIOL105** – Functional Biology of Animals and Plants (basic biology potentially relevant to the biological basis of psychological function)

**SHS110** - Human Growth Nutrition and Exercise (some aspects related to neural function can be relevant)

## **Session Two (Spring)**

Don't forget there is also PSYC116 (The Psychology of Physical Activity) in second (spring) session. This is not part of the core psychology subjects but is taught by the School of Psychology and is taken by many of our students.

**PHIL151** - Practical Reasoning (very good subject for improving clear thinking skills, constructing valid arguments, organizing essays etc.)

**ELL151** - Effective Spoken Communication (NESB) (the second part of ELL152 - both subjects may contain both written and oral skills training)

**EESC104** - The Human Environment - Problems and Change (interesting perspectives and relevant to psych)

**SCIE101** - Modern Perspectives on Science (no final exam) (interesting intro to science which can be applied to psych)

**STS112** - The Scientific Revolution (take home final exam) (good background for psych when considering psych as a science)

**MACS120** - The Culture of Everyday Life (no final exam) (relevant to understanding some of the reasons people act as they do)

**SOC104** - Media and Society (take home final exam) (interesting perspective on various influences on people)

**BIOL103** – Molecules, Cells and Organisms (covers introductory genetics which can be relevant to psychology)

### **Who should you contact?**

Not sure if these are the right subjects for you? Want to learn more or discuss your degree further? First point of contact for Academic Advice should be HBS Central. We can then advise you on administrative matters and also who the right person is for you to contact in the School of Psychology about your subject selections.

### **Contact HBS Central:**

In person: Level 1, Building 41

By email: [hbs-central@uow.edu.au](mailto:hbs-central@uow.edu.au)

By phone: 02 4221 3492