

Staff associated with the Northfields Psychology Clinic:

Mr Chris Allan Clinic Director
Mr Mark Donovan Clinical Supervision Coordinator
Ms Helen Kouksenko Office Manager
Mr Mitch Byrne
Dr Lindsay Oades
Dr Jessica Grainger
Dr Hamish McLeod
Dr Joseph Ciarrochi
Dr John Blackledge
Associate Professor Craig Gonsalvez
Associate Professor Brin Grenyer
Associate Professor Linda Viney
Professor Frank Deane

Northfields Clinic School of Psychology University of Wollongong

Opening Hours

Monday to Friday
9:00 am to 5:00 pm

Location

Building 22
University of Wollongong
Gwynneville
NSW 2500

Transport

Bus: From Wollongong No. 10 or 11
Train: 15 minute walk from North Wollongong Station or a shuttle bus operates on weekdays approximately every 20 minutes between 7:36am and 10:09pm at a subsidised cost to users of 60 cents a trip.

Parking

Free parking available for individual therapy sessions.
Map and parking permit provided on request.

Referral/Appointments

Phone: 4221.3747
Fax: 4221.3986

Information

Email: northfields_clinic@uow.edu.au
Web: www.psyc.uow.edu.au/northfields/



Northfields Clinic



School of Psychology

University of Wollongong



ABOUT THE CLINIC

The Psychology Clinic offers a wide range of psychological services for both individuals and groups. It operates as part of the advanced professional training program for postgraduate studies in Clinical Psychology.

It is staffed by Intern Clinical Psychologists who have completed a four-year degree in Psychology. All interns work under the supervision of experienced senior Clinical Psychologists.

As a training and research Clinic, Interns are regularly observed during sessions. Audio/Video recordings may be made to enable Interns to receive feedback for consultative purposes.

WHO CAN ATTEND THE CLINIC?

The Psychology Clinic provides services to both adults and children over the age of 4 years. Referrals can be made by individuals or professionals.

Adult clients attending the clinic undergo an initial assessment. This enables the clinic to assign the most appropriate clinician or to refer to a more appropriate agency if needed.

SERVICES OFFERED

The Psychology Clinic offers services in a range of areas including:

Adult Treatment:

- Anxiety, panic and phobias
- Social anxiety
- Obsessive-compulsive disorder
- Depression
- Self-esteem and Assertiveness
- Anger management
- Stress management
- Sleep problems
- Pain management
- Trauma

Child Assessment:

- Attentional and behavioural problems
- School adjustment problems
- Learning difficulties
- Educational assessment

Child Treatment:

- Childhood anxiety
- Child depression
- Behaviour and conduct disorders
- Adjustment difficulties
- Parenting programs

Neuropsychological Assessment:

- Head injury
- Stroke
- Drug and alcohol problems
- Memory and attention problems

FEES

The Clinic charges fees for therapy on a sliding scale based on family income. Fees are inexpensive compared with many other services. These fees are not refundable through Medicare. The fees obtained from therapy provided at the Clinic contribute to the facilities and services provided by the Clinic.

MAKING AN APPOINTMENT

For inquiries or to make arrangements for an appointment, phone the Psychology Clinic on 4221 3747. A message can be left using the recorded message service. The receptionist or intake worker will then confidentially return your call as soon as possible.

TREATMENT

Appointments for therapy are ordinarily made on a weekly basis usually lasting an hour. However arrangements for sessions are negotiable with individual therapists.

APPOINTMENTS/WAITING LIST

Clients contacting the Clinic will be placed on a waiting list for the next available appointment. The Office Manager will advise of current waiting list times at the time of referral.