

Sequence for Removing Personal Protective Equipment (PPE)

Except for respirator, remove PPE at doorway or in anteroom. Remove respirator after leaving patient room and closing door.

1. GLOVES

- ✓ Outside of gloves is contaminated!
- ✓ Grasp outside of glove with opposite gloved hand; peel off
- ✓ Hold removed glove in gloved hand
- ✓ Slide fingers of ungloved hand under remaining glove at wrist
- ✓ Peel glove off over first glove
- ✓ Discard gloves in waste container

2. GOGGLES OR FACE SHIELD

- ✓ Outside of goggles or face shield is contaminated!
- ✓ To remove, handle by head band or ear pieces
- ✓ Place in designated receptacle for reprocessing or in waste container

3. GOWN

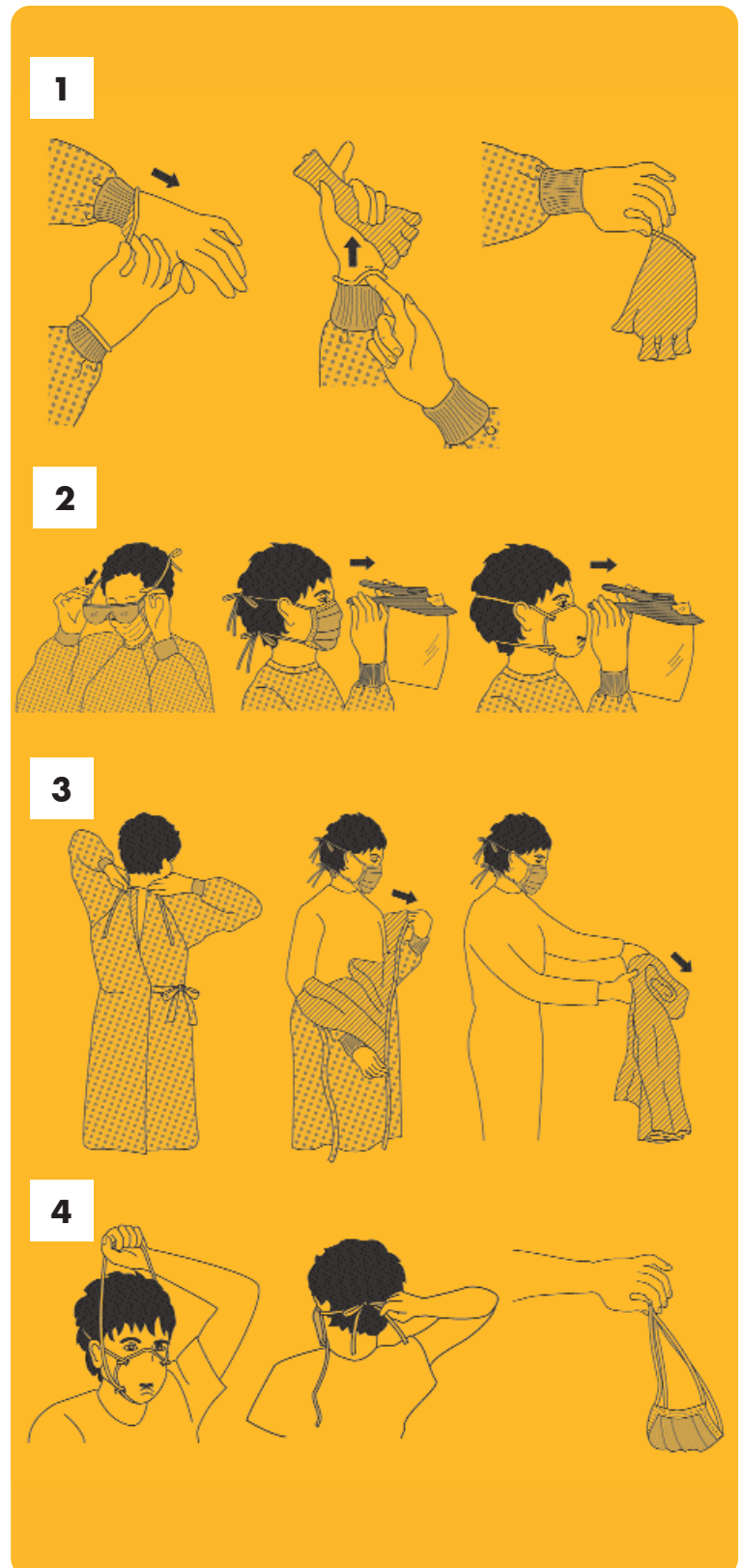
- ✓ Gown front and sleeves are contaminated!
- ✓ Unfasten ties
- ✓ Pull away from neck and shoulders, touching inside of gown only
- ✓ Turn gown inside out
- ✓ Fold or roll into a bundle and discard

4. MASK OR RESPIRATOR

- ✓ Front of mask/respirator is contaminated
– **DO NOT TOUCH!**
- ✓ Remove by touching tapes or ties only
- ✓ Discard in waste container

Perform hand hygiene immediately after removing all PPE using soap and water or a non-water cleanser.

Adapted from the CDC 's Sequence for Removing Personal Protective Equipment (PPE). <http://www.cdc.gov/>



Sequence for Donning Personal Protective Equipment (PPE)

The type of PPE used will vary based on the level of precautions required; such as, Standard and Contact, Droplet or Airborne Infection Isolation.

BEFORE PROCEDURE: **PERFORM HAND HYGIENE USING SOAP AND WATER OR A NON-WATER CLEANSER.**

1. GOWN

- ✓ Fully cover torso from neck to knees, arms to end of wrists, and wrap around the back
- ✓ Fasten in back of neck and waist

2. MASK OR RESPIRATOR

- ✓ Secure ties or elastic bands at middle of head and neck
- ✓ Fit flexible band to nose bridge
- ✓ Fit snug to face and below chin
- ✓ Fit-check respirator

3. GOGGLES OR FACE SHIELD

- ✓ Place over face and eyes and adjust to fit

4. GLOVES

- ✓ Extend to cover wrist of isolation gown

Use safe work practices to protect yourself and limit the spread of contamination.

- ✓ Keep hands away from face
- ✓ Limit surfaces touched
- ✓ Change gloves when torn or heavily contaminated
- ✓ Perform hand hygiene

Adapted from the CDC 's Sequence for Donning Personal Protective Equipment (PPE). <http://www.cdc.gov/>

