

NUTRITION & DIETETICS

BALANCED NUTRITION IS FUNDAMENTAL TO HUMAN HEALTH AND QUALITY OF LIFE.



OVERVIEW

Sound nutrition and dietary practices can strongly influence the health and well-being of individuals and communities. The profile of professionals working in this innovative field has grown as they become an integral part of the health management system. The University of Wollongong offers a variety of nutrition and dietetics courses that respond to the increased demand for professionals who are equipped with the ability to integrate scientific knowledge into tailored programs for communities and individuals.

OUR LEARNING ENVIRONMENT

To ensure we provide the best possible learning environment our students are taught by industry-respected and

experienced lecturers who have strong relationships with the community and professional associations. Teaching involves a combination of face-to-face lectures, seminars and workshops and on-line resources and discussions. The environment operates along side an exciting network of research activities including the Smart Foods & Public Health Strategic Initiative and the Metabolic Research Centre.

WHERE WILL OUR QUALIFICATIONS TAKE YOU?

Dietitians are employed in a variety of community and public health settings, food industry, NGO's, private practice, hospitals, and other health care facilities.

The **Bachelor of Nutrition and Dietetics** program has full accreditation with the

Dietitians Association of Australia, making all graduates eligible for the credential of Accredited Practising Dietitian and Accredited Nutritionist. Graduates are frequently employed as clinical dietitians, community dietitians, food service dietitian and dietitians in private practice.

Graduates of the **Bachelor of Science (Nutrition)** are eligible for Associate Membership of the Dietitians Association of Australia and may also seek to become a Graduate Member of the Australian Institute of Food Science and Technology and an Associate Nutritionist with the Nutrition Society of Australia. They can work in a range of professional settings including nutritionists with food companies or pharmaceutical companies, weight loss counsellors, lifestyle coaches, customer service agents in food companies, and research assistants.



OUR UNDERGRADUATE PROGRAMS

The Bachelor of Science (Nutrition)

provides an ideal entry level program for students wishing to study human nutrition, with core areas of study including biochemistry, human physiology, nutritional metabolism, and community and public health nutrition. Students who have achieved a distinction average in the first two and a half years of this degree may be invited to transfer into the Bachelor of Nutrition and Dietetics, subject to availability of places. The course is also designed to meet the prerequisite requirements for admission to our Master of Science (Nutrition and Dietetics).

Graduates selecting this pathway can complete the Masters program in 1.5 years.

The **4-year Bachelor Nutrition & Dietetics** is an extremely competitive program designed for high achieving students. The program focuses on equipping students with strong clinical and professional skills underpinned by sound scientific knowledge. Throughout the program students are given opportunities to gain extensive clinical and health promotion skills through placements in hospitals, community health centres and food companies.

LOOKING FOR POSTGRADUATE PROGRAMS?

The following postgraduate programs are also available through UOW:

The 2 year **Master of Science (Nutrition and Dietetics)** also emphasises professional development in dietetics, counselling and food service management, and provides students with opportunities to gain clinical and health promotion skills through placements in hospitals, community health centres and food companies.

FOR MORE INFORMATION, VISIT
www.uow.edu.au/health/healthsciences

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