2007 BACHELOR OF NURSING BRIEF SUBJECT OUTLINES

- The Bachelor of Nursing course at the University of Wollongong is 3 years full-time by internal study only.
- It is 144 credit points, 48 per year, or 24 in both of the 2 semesters per year.
- All subjects are compulsory and there are 4 x 6 credit point subjects per semester.
- Each semester has 14 academic weeks – 10-12 theory weeks and 2-4 clinical practicum weeks.
- There are no summer session offerings.
- Theory weeks start from 08:30 and should finish by 17:30. On average they involve 18 hours of face-to-face teaching, with the remaining 22-30 hours as self-directed learning.
- Clinical practicum weeks are 40 hours duration, 5 x 8 hours Monday-Friday, with morning starts from 07:00 and some evening finishes at 22:00. There are some clinical practicum placements outside the Illawarra region.

Autumn Session, Year 1

NURS127 Human Physiology for Nursing: Principles & Systems
- 3 hours of lectures and a 2 hour laboratory session per week for 12 weeks.
- It examines the physiology of the various human body systems.

NURS162 Effective Communication in Health Care Relationships
- 2 hours of lectures and a 2 hour tutorial per week for 12 weeks.
- It develops basic communication skills, including research and writing skills for university, nursing documentation and nurse-patient communication.

NURS163 Fundamentals of Nursing
- 2 hours of lectures, a 2 hour tutorial and a 2 hour clinical laboratory per week for 12 weeks, plus a 80 hour clinical practicum in geriatrics/nursing homes.
- This is the foundations subject for clinical nursing skills, including nursing observations, hygiene, and activities of daily living.

NURS164 Patterns of Knowing in Nursing
- 2 hours of lectures and a 2 hour tutorial per week for 12 weeks.
- It examines nursing law, ethical issues in health care and the nurse’s role as a patient advocate.

Spring Session, Year 1

NURS165 Primary Health Care Nursing
- 2 hours of lectures and a 2 hour tutorial per week for 12 weeks.
- It introduces the primary health care model of nursing, emphasizing health education in the community setting.

NURS166 Medical/Surgical Nursing 1
- 2 hours of lectures, a 2 hour tutorial and a 2 hour clinical laboratory per week for 12 weeks, plus a 80 hour clinical practicum in general medical and surgical nursing areas.
- The prerequisites are NURS163 and NURS127 or BMS 112; the co-requisite is SCIE122 or BIOL103.
- The organising theme is perioperative nursing. Students develop clinical skills in medication administration and aseptic techniques.

POP103 Introduction to Health Behaviour Change
- 2 hours of lectures and a 1 hour tutorial per week for 12 weeks.
- It introduces students to factors that influence health behaviour.

SCIE122 Biology for Nursing
- 2 hours of lectures and a 3 hour laboratory session per week for 12 weeks.
- Common lectures with BIOL103.
- It introduces cell physiology, microbiology and biochemistry.
Autumn Session, Year 2

**ARTS211 Social Science Perspectives on Health and Illness**
- 1 hour lecture and a 2 hour seminar per week for 10 weeks.
- It examines the sociology of health and illness in the Australian context.

**NURS227 Human Bioscience 3**
- 3 hours of lectures and a 2 hour laboratory per week for 10 weeks.
- The prerequisites are NURS127 or BMS 112 and SCIE122 or BIOL103.
- It expands students’ knowledge of human physiology.

**NURS262 Medical/Surgical Nursing 2**
- 2 hours of lectures, a 2 hour tutorial and a 2 hour clinical laboratory per week for 10 weeks, plus a 80 hour clinical practicum in various medical, surgical and related community nursing areas.
- The prerequisite is NURS166.
- The subject examines nursing issues related to fluids and electrolytes, nervous, endocrine, renal and musculoskeletal systems.

**NURS263 Mental Health Nursing 1**
- 2 hours of lectures and a 2 hour tutorial per week for 10 weeks. There are 80 hours of clinical practicum in mental health nursing areas plus the equivalent of 40 hours of clinical practice within the semester.
- The prerequisites are NURS162 and NURS166.
- It introduces students to the concept of mental health and mental disorders.

Spring Session, Year 2

**NURS264 Reflection and Practice**
- 2 hours of lectures and a 2 hour tutorial per week for 10 weeks.
- The prerequisites are NURS162 and NURS166.
- It develops the skills of reflection, critical thinking and logical argument.

**NURS265 Nursing Therapeutics**
- This subject is taught by flexible delivery through WebCT. There is minimal face-to-face teaching, though the content is deemed the equivalent of 2 hours of lectures and a 2 hour tutorial per week for 10 weeks.
- The prerequisite is NURS166.
- It examines pharmacokinetics, nutrition, complementary therapies and therapeutic relationships.

**NURS266 Medical/Surgical Nursing 3**
- 2 hours of lectures, a 2 hour tutorial and a 2 hour clinical laboratory per week for 10 weeks, plus a 80 hour clinical practicum in various medical, surgical and related community nursing areas.
- The prerequisites are NURS166 and NURS227.
- The subject examines nursing issues related to cardiac, respiratory, vascular and gastrointestinal systems.

**NURS267 Family and Maternal Health Nursing**
- 2 hours of lectures and a 1 hour tutorial per week for 10 weeks. There are 80 hours of clinical practicum in maternity nursing areas plus the equivalent of 40 hours of clinical practice within the semester.
- The prerequisites are NURS166 and NURS262; the co-requisite is NURS266.
- It examines maternity and early childhood nursing.
Autumn Session, Year 3

NURS322 Developmental Disability Nursing
- 2 hours of lectures and a 2 hour tutorial per week for 10 weeks. There is a 40 hour workshop week and 80 hours of clinical practicum.
- The prerequisites are NURS262, NURS263, NURS265, NURS266 and NURS267.
- It introduces the health field of developmental disability.

NURS362 Continuing, Rehabilitative and Palliative Care Nursing
- This subject is taught by flexible delivery through WebCT. There is minimal face-to-face teaching, though the content is deemed the equivalent of 2 hours of lectures and a 2 hour tutorial per week for 10 weeks. There are 80 hours of clinical practicum in appropriate areas plus the equivalent of 40 hours of clinical practice within the semester.
- The prerequisites are NURS262, NURS263, NURS265 and NURS266.
- It examines gerontology, chronic conditions, rehabilitation and palliation nursing.

NURS363 Therapeutic Use of Self
- 2 hours of lectures and a 2 hour tutorial per week for 10 weeks.
- The prerequisites are POP103 or NURS123, NURS162, NURS262 and NURS263.
- Students will develop therapeutic intervention abilities requiring both good communication and counseling skills.

NURS364 Research Appreciation and Application
- 2 hours of lectures and a 2 hour tutorial per week for 10 weeks.
- The prerequisites are NURS262, NURS263 and NURS264.
- The subject develops research appreciation and application skills.

Spring Session, Year 3

NURS328 Management in Nursing
- 2 hours lecture and a 2 hour tutorial per week for 10 weeks.
- The prerequisites are NURS266 and NURS267.
- It examines management practices for health care, hospitals and nursing.

NURS365 Mental Health Nursing 2
- 2 hours of lectures and a 2 hour tutorial per week for 10 weeks. There are 80 hours of clinical practicum in mental health nursing areas plus the equivalent of 40 hours of clinical practice within the semester.
- The prerequisites are NURS263, NURS265, NURS266 and NURS267.
- It further develops student skills in the areas of mental health and mental disorders.

NURS366 Community Health Nursing
- 2 hours of lectures and a 2 hour tutorial per week for 10 weeks.
- The prerequisites are NURS165, NURS266 and NURS267.
- Students will develop and consolidate knowledge and skills in the nursing of clients with more complex conditions in the community setting.

NURS367 Preparation for Professional Practice
- 2 hours of lectures and a 2 hour tutorial per week for 10 weeks. There are 80 hours of clinical practicum in high dependency nursing areas plus the equivalent of 40 hours of clinical laboratory work throughout the semester.
- The prerequisites are NURS262, NURS266 and NURS267.
- The subject examines nursing issues related to high dependency nursing.