Background:
GPs have a vital role in the identification of suicidal young people, intervention, and where necessary, referral to other health professionals.

Study Objectives:
To measure public and private Christian high school students’:
~ intentions to consult a GP vs other help-sources for personal-emotional problems and suicidal thoughts, 
~ actual help-seeking for each problem-type.

Principal Findings:
~ Public and Private high school students would rather seek help from a GP than any other professional source for personal-emotional and suicidal problems (Table 1).
~ Public high school students indicated a GP was the only professional source they went to for suicidal thoughts (Table 2).

Implications:
~ Efforts to promote General Practice should target young peoples’ help-seeking intentions.
Need to identify young peoples' barriers to consulting a GP, particularly for suicidal problems.

*Study cited in Wilson, Dean, Biro & Ciarrochi (2003) Youth Barriers to Help-Seeking and Referral from General Practitioners (NHMRC Grant YS060). For PDF copies of this report, please contact the Administration Officer, Illawarra Division of General Practice. Ph (02) 4226 7052; email idgp@idgp.org.au*