Occupational Science is a new discipline that generates knowledge about occupations, the everyday things we do & the influences that shape occupation.

It is based on the understanding that people need and want to do meaningful things.

At AOSC we learn by doing and teach from an occupational perspective.

We do this by exploring:

- Why we do what we do
- With whom we do things
- What enables the things we do
- How spaces & places influence what we do
- How opportunities and choices influence what we can do
- How opportunities and choices influence what we can do

... making Occupational Science visible by:

- learning and teaching about occupation
- collaborating with other disciplines to transfer knowledge about occupation.
- engaging with communities to promote participation in occupation.
- conducting innovative projects to teach how occupation, health and development are related.

Projects

- Do It Now – preparing for a satisfying retirement
- Health-e-ageing – keeping older people connected through the Internet
- Creative play with everyday things – developing educational toys from recycled materials
- Learning & teaching creatively – giving students creative experiences to understand creative processes

Photo courtesy of Mark Thomson

Photo courtesy of South Coast Register

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